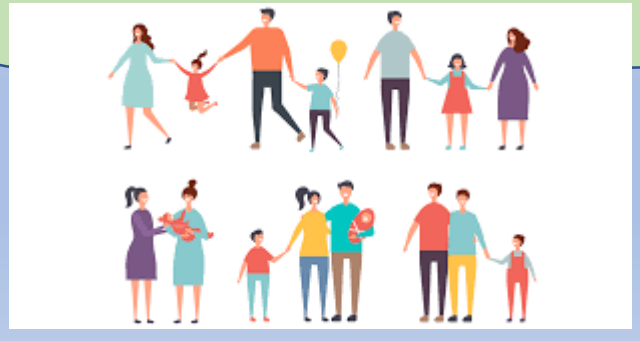
THE GRANGE ACADEMY

Year 1: Autumn 1 Relationships

Families and Friendships

Key Vocabulary

- Relationships
- Parents
- Role
- Family
- Same sex
- Worry
- Difference



Objectives

- Identify roles of different people - what role do these different people play in children's lives and how do they care for them.
- To understand what it means to be a family and how families are different, e.g. single parents, same-sex parents, etc
- To know the role these different people play in children's lives and how they care for them.
- To realise the importance of telling someone — and how to tell them — if they are worried about something in their family.

Key Resources

https://www.pshe-association.org.uk/curriculum-and-resources/resources/medway-public-health-directorate-relationships-and

https://www.pshe-association.org.uk/metro-charity

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Year 2: Autumn 1 Relationships

Making friends and recognising hurtful behaviour

Key Vocabulary

- Friend
- Positivity
- Resolve
- Lonely
- Argument
- Lonely
- Unhappy

Objectives

- To identify how to be a good friend, e.g. kindness, listening, honesty.
- To describe different ways that people meet and make friends.
- To choose strategies for positive play with friends, e.g. joining in, including others
- To identify what causes arguments between friends and how to positively resolve arguments between friends.
- To recognise, and ask for help, when they are feeling lonely or unhappy or to help someone else.

Key Resources

https://www.pshe-association.org.uk/curriculum-and-resources/resources/1decision-primary-pshe-education-programme

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Year 3: Autumn 1 Relationships

What makes a family? Personal boundaries – impact of behaviour.

Key Vocabulary

- Respect
- Families
- Same sex
- Positivity
- Support
- Relationships
- Appropriate
- Online
- Privacy
- Bullying

Objectives

•To recognise and respect that there are different types of families, including single parents, same-sex parents, step-parents, blended families, foster and adoptive parents • that being part of a family provides support, stability and love.
• To identify the positive aspects of being part of a family, such as spending time together and caring for each other
• T recognise the different ways that people can care for each other e.g. giving encouragement or support in times of difficulty.
• To identify if/when something in a family might make someone upset or worried
• what to do and whom to tell if family relationships are making them feel unhappy or unsafe.
•To understand is appropriate to share with friends, classmates, family and wider social groups including online
• To explain what privacy and personal boundaries are, including online.
•To know whom to tell if they see or experience bullying or hurtful behaviour.

Key Resources

https://www.pshe-association.org.uk/barnardos

https://www.pshe-association.org.uk/curriculum-and-resources/resources/adoptables-schools-toolkit-coram-life-education

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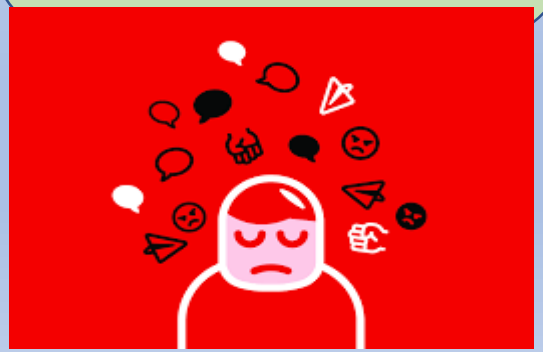
Year 4: Autumn 1 Relationships

Positive friendships and responding to hurtful behaviour

Key Vocabulary

- Trust
- Excluded
- Teasing
- Playful
- Dares
- Confidence
- Secret
- Behaviour



Objectives

• To recognise the features of positive healthy friendships such as mutual respect, trust and sharing interests • strategies to build positive friendships
• To identify how to seek support with relationships if they feel lonely or excluded
•To communicate respectfully with friends when using digital devices
• To differentiate between playful teasing, hurtful behaviour and bullying, including online • how to respond if they witness or experience hurtful behaviour or bullying, including online
• To recognise the difference between 'playful dares' and dares which put someone under pressure, at risk, or make them feel uncomfortable
•To recognise when it is right to keep or break a confidence or share a secret
• To understand that people may behave differently online including pretending to be someone they are not and how to report concerns and seek help if worried or uncomfortable about someone's behaviour, including online

Key Resources

https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-share-aware-resources

https://www.pshe-association.org.uk/curriculum-and-resources/resources/google-and-parent-zone-ks2-internet-safety

https://www.pshe-association.org.uk/curriculum-and-resources/resources/google-and-parent-zone-ks2-internet-safety

https://www.pshe-association.org.uk/curriculum-and-resources/resources/1decision-primary-pshe-education-programme

THE GRANGE ACADEMY

Year 5: Autumn 1 Relationships

Managing friendships and peer influence
Physical contact and feeling safe.

Key Vocabulary

- Included
- Influence
- Approval
- Reconcile
- Communication
- Disputes
- Uncomfortable
- Physical contact
- Persuade

Objectives

- Recognise and identify what makes a healthy friendship and how they make people feel included.
- Recognise peer influence and how it can make people feel or behave
- To describe the impact of the need for peer approval in different situations, including online.
- To know strategies to manage peer influence and the need for peer approval e.g. exit strategies, assertive communication and strategies to positively resolve disputes and reconcile differences in friendships
- To understand that friendships can change over time and the benefits of having new and different types of friends .
- To recognise if a friendship is making them feel unsafe, worried, or uncomfortable and when and how to seek support in relation to friendships
- To identify what physical touch is acceptable, unacceptable, wanted or unwanted in different situations
- To know how to ask for, give and not give permission for physical contact
- To explore how it feels in a person's mind and body when they are uncomfortable
- To explain that it is never someone's fault if they have experienced unacceptable contact and how to respond to unwanted or unacceptable physical contact
- To remember that no one should ask them to keep a secret that makes them feel uncomfortable or try to persuade them to keep a secret they are worried about and whom to tell if they are concerned about unwanted physical contact.

Key Resources

https://www.pshe-association.org.uk/curriculum-and-resources/resources/premier-league-primary-stars

THE GRANGE ACADEMY

Year 6: Autumn 1 Relationships

Attraction to others
Recognising and managing pressure

Key Vocabulary

- Attraction
- Gender
- Ethnicity
- Faith
- Civil partnership
- Illegal
- Pressure
- Challenged
- Uncomfortable
- Consent

Objectives

- To recognise what it means to be attracted to someone and different kinds of loving relationships
- To understand people who love each other can be of any gender, ethnicity or faith
- To understand the difference between gender identity and sexual orientation and everyone's right to be loved
- To explore the qualities of healthy relationships that help individuals flourish
- To explore marriage and civil partnership mean e.g. a legal declaration of commitment made by two adults and that people have the right to choose whom they marry or whether to get married and that to force anyone into marriage is illegal. Also how and where to report forced marriage or ask for help if they are worried
- To compare the features of a healthy and unhealthy friendship
- To explore and discuss the shared responsibility, if someone is put under pressure to do something dangerous and something goes wrong
- To know strategies to respond to pressure from friends including online and how to assess the risk of different online 'challenges' and 'dares'
- To recognise and respond to pressure from others to do something unsafe or that makes them feel worried or uncomfortable and how to get advice and report concerns about personal safety, including online
- To explore what consent means and how to seek and give/not give permission in different situations

Key Resources

https://www.pshe-association.org.uk/curriculum-and-resources/resources/medway-public-health-directorate-relationships-and

https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-share-aware-resources

https://www.pshe-association.org.uk/curriculum-and-resources/resources/play-share