

Rainbow Isolation Learning



English

- Nursery rhymes
 - The magic Paintbrush
 - Fairy tales
- Story sequencing
 - Story maps
 - Making predictions



PE

- Fine & gross motor skills to develop writing
- Dressing skills – buttons and zips



Science

- Materials to build a house
- Heavy & light
- Push & pull
- Sink & float
- Hot & cold



SMSC

- Trying new foods
- Touching new textures
- Sensory diet
- Chinese New year



Maths

- Counting to 10
 - Number formation, recognition
- 2d shapes – in the environment
- Time – days of the week
 - Length
- Number bonds



Geography

- Looking at different environments
- Compare to where we live - China



Rainbow

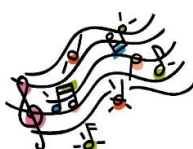
Reading



- Nursery rhymes
 - Fairytales
 - Poems
- Billy the beast
- Send for a superhero

Music

- Environmental sounds
- Loud & quiet
- Identify sounds when out of view
- Cultural musical traditions
- Nursery rhymes



History

- What stories shape our identity?
- European stories
- Chinese stories



Computing

Logging onto laptop/computer



Art/DT

- Role play/painting link to literacy
- Chinese style painting
- Chinese lanterns
- Chinese dragon



Science	<ul style="list-style-type: none"> ♣ distinguish between an object and the material from which it is made ♣ identify and name a variety of everyday materials, including wood, plastic, glass, metal, water, and rock ♣ describe the simple physical properties of a variety of everyday materials ♣ compare and group together a variety of everyday materials on the basis of their simple physical properties
Computing	<ul style="list-style-type: none"> ♣ recognise common uses of information technology beyond school
History	<ul style="list-style-type: none"> ♣ events beyond living memory that are significant nationally or globally [for example, the Great Fire of London, the first aeroplane flight or events commemorated through festivals or anniversaries]
Geography	<ul style="list-style-type: none"> ♣ understand geographical similarities and differences through studying the human and physical geography of a small area of the United Kingdom, and of a small area in a contrasting non-European country Human and physical geography
SMSC	<ul style="list-style-type: none"> • personal, social and emotional development • communication, language and literacy • knowledge and understanding of the world • creative development. ♣ enable students to develop their self-knowledge, self-esteem and self-confidence; • enable students to distinguish right from wrong
Music	<ul style="list-style-type: none"> ♣ use their voices expressively and creatively by singing songs and speaking chants and rhymes ♣ play tuned and untuned instruments musically ♣ listen with concentration and understanding to a range of high-quality live and recorded music ♣ experiment with, create, select and combine sounds using the inter-related dimensions of music.
Art/DT	<p>to use a range of materials creatively to design and make products</p> <ul style="list-style-type: none"> ♣ to use drawing, painting and sculpture to develop and share their ideas, experiences and imagination ♣ to develop a wide range of art and design techniques in using colour, pattern, texture, line, shape, form and space ♣ about the work of a range of artists, craft makers and designers, describing the differences and similarities between different practices and disciplines, and making links to their own work. ♣ build structures, exploring how they can be made stronger, stiffer and more stable ♣ select from and use a range of tools and equipment to perform practical tasks [for example, cutting, shaping, joining and finishing] ♣ select from and use a wide range of materials and components, including construction materials, textiles and ingredients, according to their characteristics
PE	<ul style="list-style-type: none"> ♣ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities ♣ participate in team games, developing simple tactics for attacking and defending ♣ perform dances using simple movement patterns.
EYFS	<p>1• Communication and language development involves giving children opportunities to experience a rich language environment; to develop their confidence and skills in expressing themselves; and to speak and listen in a range of situations</p> <ul style="list-style-type: none"> • Physical development involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity⁶, and to make healthy choices in relation to food • Personal, social and emotional development involves helping children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities

Half term 3

English

Reading

Word reading

<https://classroom.thenational.academy/specialist/subjects/communication-and-language/access-points/applying-learning/lessons/word-reading-perfectly-pronounced-phonemes-71h34r>

Phonics phase 1 and 2 scroll down to find the correct level for your child.

<https://www.mrmcmakingmemories.com/literacy-resources>

Phonics- phase 3, 4 and 5

<https://www.phonicsbloom.com/>

<https://www.phonicsplay.co.uk/>

Use your MyOn log in to read a new book. After you have read it write a sentence or two about one of the characters or something in the story you connect to. If it is a non fiction book write something you have learned such as a fact about an animal.

<https://www.myon.co.uk/login/index.html>

See also Mainstream class isolation packs

Writing

The 3 little pigs

<https://www.youtube.com/watch?v=QLR2pLUsl-Y>

Goldilocks & the three bears

<https://www.youtube.com/watch?v=0oUP2PFoOi8>

Three Billy goats gruff

<https://www.youtube.com/watch?v=aiy3a1v9Q2E>

The Magic Paintbrush

<https://www.youtube.com/watch?v=u8eQHqjTKZU>

The days of the week

<https://www.youtube.com/watch?v=mXMofxtDPUQ>

writing

<https://www.bbc.co.uk/bitesize/articles/z8grydm>

Getting to grips with graphemes

<https://classroom.thenational.academy/specialist/subjects/communication-and-language/access-points/applying-learning/lessons/transcription-getting-to-grips-with-graphemes-cctkje>

See also Mainstream class isolation packs

Life Skills

Early development – there are lots of lessons to choose from to develop early life skills. Try to look at a lesson in each category.

<https://classroom.thenational.academy/specialist/subjects/early-development-learning/access-points/early-development>

S&L

What do I look like:

<https://classroom.thenational.academy/specialist/subjects/communication-and-language/access-points/applying-learning/lessons/language-comprehension-what-do-i-look-like-6gtk0r>

Sequencing text:

<https://classroom.thenational.academy/specialist/subjects/communication-and-language/access-points/applying-learning/lessons/sequencing-text-my-personal-life-story-69k36c>

Listen to stories and have a go at 'writing' your own

<https://www.bbc.co.uk/cbeebies/stories>

Say the sentence!

<https://www.bbc.co.uk/bitesize/articles/zrs78hv>

Maths

Number

Counting and recognising numbers up to 10 beginning with 1-3 and working up.

Looking at numbers to 20

<https://classroom.thenational.academy/units/numbers-to-20-82de> Have

a look at the lessons on Oak Academy for counting numbers up to 20

There is a lesson for each day.


See also Mainstream class isolation packs

Maths

See Oak academy for the lessons on number, shape and measurement. Work through the lessons your child is able to access.

<https://classroom.thenational.academy/specialist/subjects/numeracy/access-points/applying-learning>

See also Mainstream class isolation packs

		Monday	Tuesday	Wednesday	Thursday	Friday				
Lesson 1 1 hour 9-10am Maths	Wk 1	Maths	Maths	Maths	Maths	Maths				
	Wk 2	Maths	Maths	Maths	Maths	Maths				
Break 10-10.20am		Have a break and move around. Go outside do some exercise. Have a snack								
Lesson 2 1 hour 10.20-11.20am Phonics/ English	Wk 1	Phonics/English	Phonics/ English	Phonics/ English	Phonics/ English	Phonics/ English				
	Wk2	Phonics/English	Phonics/ English	Phonics/ English	Phonics/ English	Phonics/ English				
Break 11.20-12		Break Have a break and move around. Go outside do some exercise. Have a rest.								
Lunch										
Lesson 3 1 hour	Wk 1	Wk 2	Wk 1	Wk 2	Wk 1	Wk 2	Wk 1	Wk 2	Wk 1	Wk 2
	Geography	PE	Art/ DT	Computing	Music	History	RE	SMSC	Science	MfL/ KS1
Break		Have a break and move around. Go outside do some exercise.								
Review of learning		<p>What have you learnt today? What can you now do that you couldn't at the start?</p> <p>What do you now know? What do you need to try hard with tomorrow?</p> <p>Is there any extra learning you could do to help yourself?</p>								

Suggested 2 week timetable

We have provided learning tasks for your child during their isolation. They need to follow them in the order they are set.

All work can be completed on paper or computer and uploaded onto SeeSaw or Tapestry.

We understand that some parents may be working at home and therefore there are no set times for these tasks – do them when you can, when it fits into your family timetable. The times given are suggestions. Children should be spending an hour a day on each subject. If they finish much quicker then they may need to review their work, add more detail or present it in their best handwriting. There are some extension tasks for English and Maths which involve reading using MyOn, learning spellings, completing TT Rockstars or Numbots as these basic skills need constant attention.

Do what you can when you can, to quote a famous supermarket - every little helps!

Phonics

<https://www.mrmcmakingmemories.com/literacy-resources>



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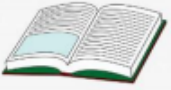


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Words to practice reading.



Read the words then practice spelling them (– those accessing mainstream).

Ph words

Phone

Photograph

Ir words

Skirt

Bird

Fire

Ur words

Pure

Sure

Oi words

Coin

Join

Ay words

Day

Play

Way

Say

Coil

Igh words

Light

Eight

Night

fright

Ue words

Blue

Glue

true



Words to practice spelling.



Looked

Mr

Their

Could

Asked

Called

Shout

Play

Pie

Tie

Clay

Whirl

Girl

Boy

Enjoy



Handwriting



Letter families

For teaching letter formation

Letter family 1

Down and off in another direction

l i t j u y

Letter family 2

Down and retrace upwards

m n r b p h k

Letter family 3

Anticlockwise round

c a d o q g e f s

Letter family 4

Zig-zag letters

v w x z

Getting to grips with graphemes

<https://classroom.thenational.academy/specialist/subjects/communication-and-language/access-points/applying-learning/lessons/transcription-getting-to-grips-with-graphemes-cctkje>

The Three Little Pigs

Home Learning Challenge

After The Three Little Pigs had got rid of the Big Bad Wolf, they enjoyed living together in the brick house. However, after a while they decided it was too small for all of them and they needed to build a new house. Draw a picture of a new house that you have designed for The Three Little Pigs. Label it to show why it is perfect for them.

Can you think how The Three Little Pigs in the story are different to real pigs?



Tell a grown-up the story of The Three Little Pigs. Remember to use different voices for the characters. You could even act it out together!



The third Little Pig bought 10 bricks but he only used 8 of the bricks. How many bricks did he have left? Use your fingers or draw a picture to help you work out the answer.

Build a model of a house that you think would stay standing when the Big Bad Wolf huffed and puffed. You could try blowing it with a hairdryer to test it out.

Write down 5 words that rhyme with pig.



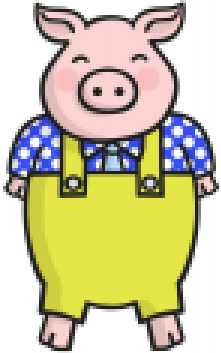
The 3 little pigs

<https://www.youtube.com/watch?v=QLR2pLUsl-Y>

Also check out the lessons at the oak academy here:

<https://classroom.thenational.academy/units/the-three-little-pigs-3ac4>

Which sound does each picture begin with?



g

d

p



s

m

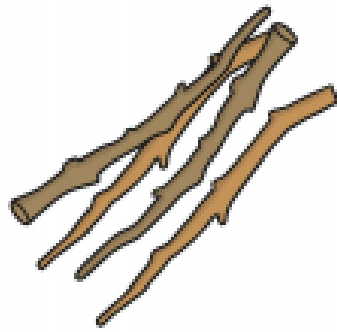
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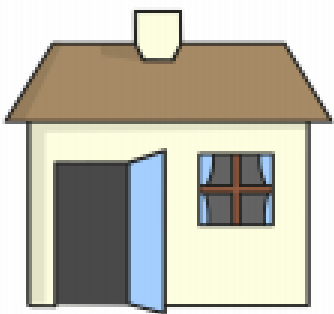
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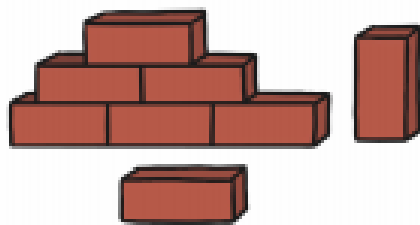
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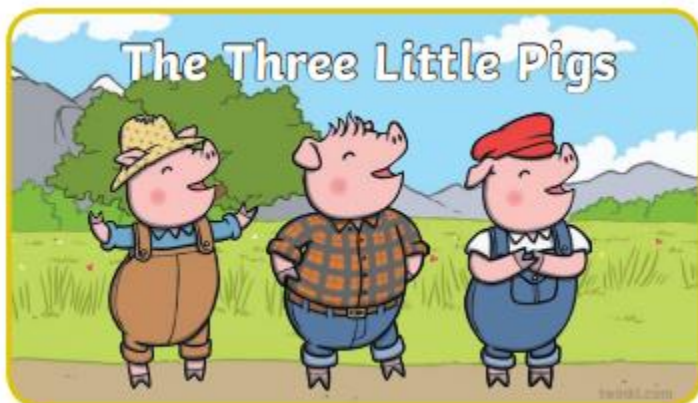
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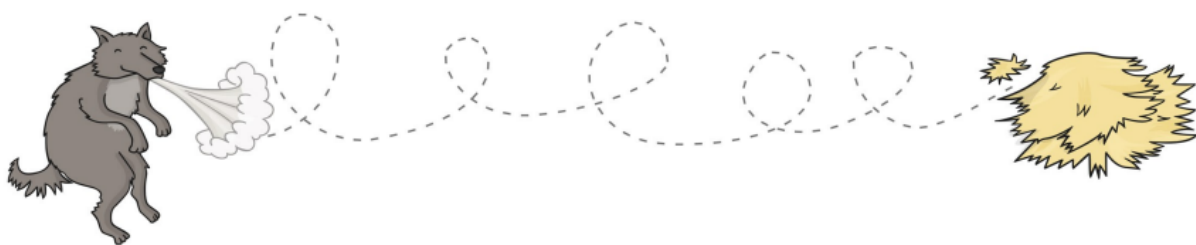
[Jolly Phonics song](https://www.youtube.com/watch?v=xzBoqtayewI&list=PLK-5uNoXz46Ke8DaLEFGtyCC3-WSiDzQL&index=7)

<https://www.youtube.com/watch?v=xzBoqtayewI&list=PLK-5uNoXz46Ke8DaLEFGtyCC3-WSiDzQL&index=7>

Can you put the pictures in the right order to sequence the story?



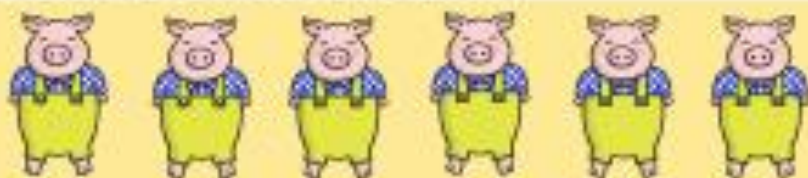
Pencil Control Worksheet- Trace the dotted lines as neatly as you can.



The Three Little Pigs Counting Worksheet

Name: _____ Date: _____

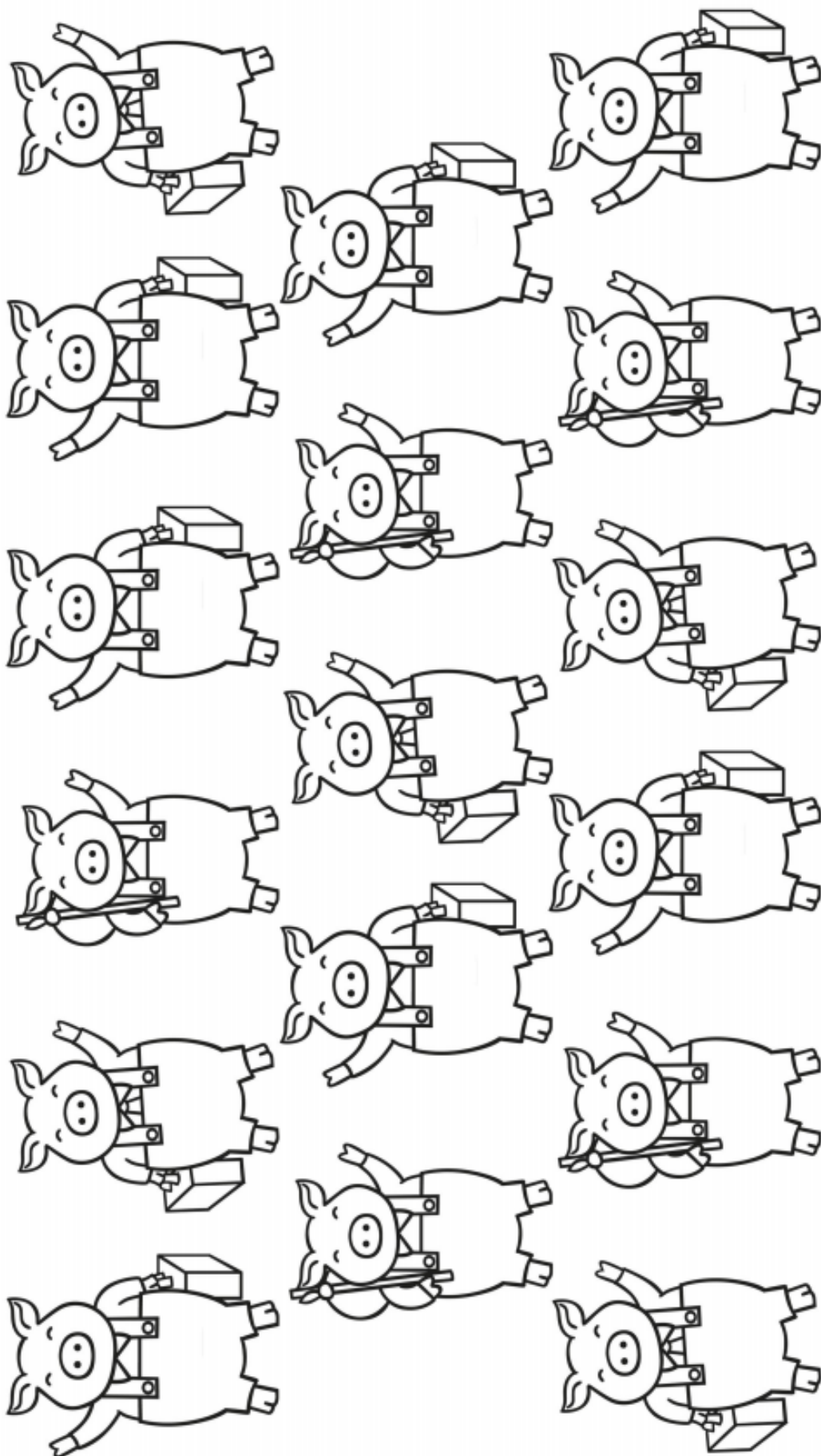
Write your answers in the circles.



Number the pigs in order – write the number on their bellies.

The Three Little Pigs

Cut out the number pigs and stick them in the correct order on the blank pigs.



The 3 Billy Goats Gruff Home Learning Challenge

The Troll was very unkind to the 3 Billy Goats Gruff. Talk to a grown up about the unkind things he did and said. Try and think of some things he could do instead, to be friendly to the 3 Billy Goats Gruff.



Make a Troll. It could be a puppet, a picture, a collage, a model or something else completely different.



Tell the story of the 3 Billy Goats Gruff to someone in your house. Remember to use different voices for all of the characters.



Can you think of a different way the 3 Billy Goats Gruff story could end? Write a new ending or draw a picture to show how you would like the story to end.



The 3 Billy Goats Gruff are 3 different sizes. Have a look around your house and find something that is bigger than you and something that is smaller than you. Put them into 'bigger' and 'smaller' lists.



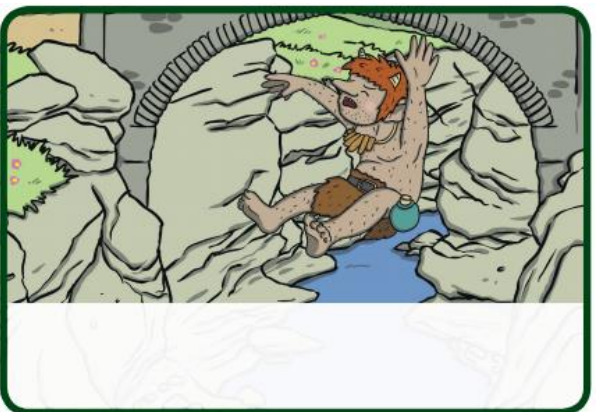
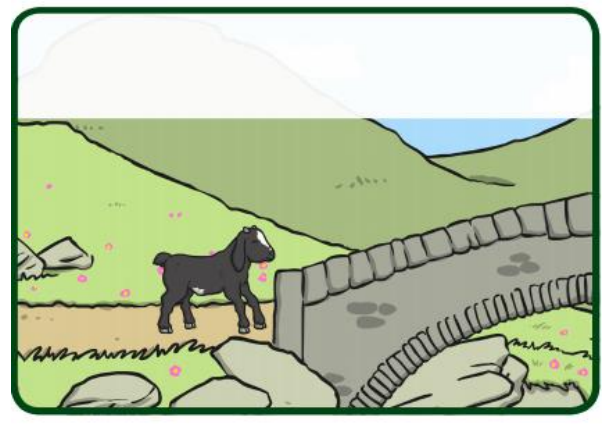
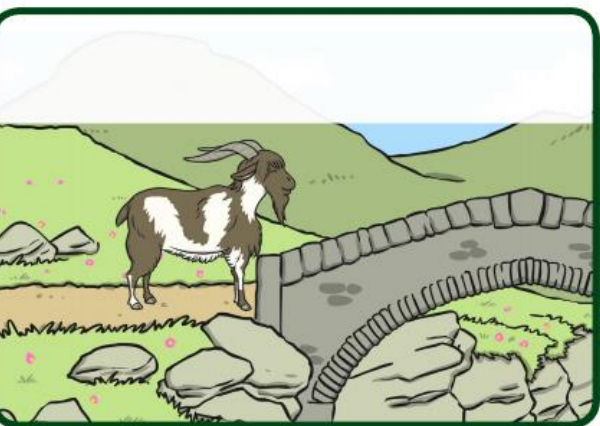
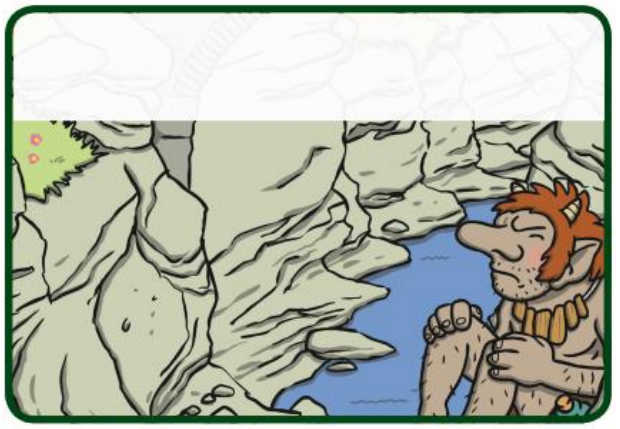
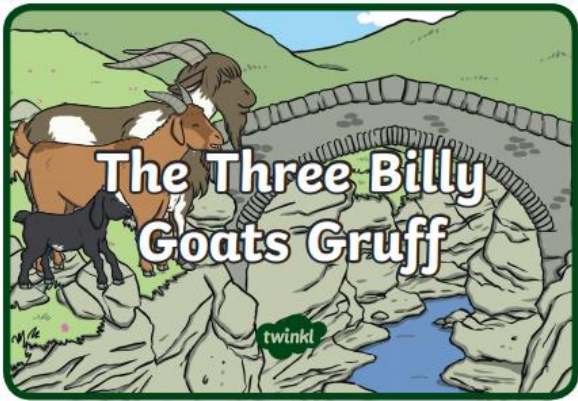
Use books or the Internet to find out 2 facts about goats. Bring them into class to share with everyone else.

Three Billy goats gruff

<https://www.youtube.com/watch?v=aiy3a1v9Q2E>

Also check out some of the lessons on the oak academy here:

<https://classroom.thenational.academy/units/the-three-billy-goats-gruff-d801>



Sequence the story of the Billy Goats Gruff

The Three Billy Goats Gruff Counting Worksheet

Count the pictures and write down the answers in the circles.



WHY WE USE SOAP

The EYFS science experiment: Why We Use Soap

In a nutshell: This experiment can demonstrate the cleaning power of soap and help you to explain why it's so important. Once children understand that soap is more than a lubrication tool for handwashing, they might just be inspired to use it better. The highlight? The children get to chase away the bad germs in their own little mixing bowl.

What you need:

- Milk
- A shallow dish
- Fine glitter
- Toothpicks
- Soap

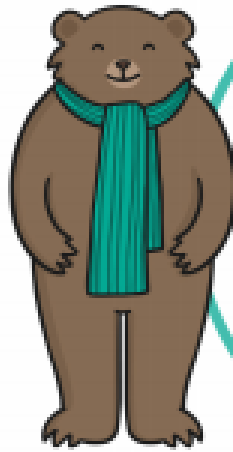
How you do it: Place milk in a shallow dish, a few centimetres deep. Add a few splotches of fine glitter – you can use many colours or just one or two. Using a toothpick with soap on it, place the soap in the middle of the glitter and, like magic, the “germs” (the glitter) will disperse! This demonstrates the soap’s ability to pick up both oil and dirt from our skin, while scaring away germs when we wash our hands.



Goldilocks and the Three Bears

Home Learning Challenge

Tell someone at home the story of Goldilocks and the Three Bears. What did Goldilocks do in the Bears' house? What happened when the Bears came home? Try using different voices for the different characters!

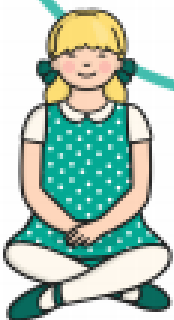


Daddy, Mummy and Baby Bear each wore a hat when they went for their walk. How many hats did they have altogether? You could use your fingers or draw pictures to help you work out the answer.



Baby Bear loves to sleep in bed with his favourite teddy bear. Do you have a favourite teddy bear? Draw or paint a picture of your teddy bear.

Goldilocks and the Three Bears love eating porridge! Try making some porridge with a grown-up. Try putting some different toppings onto your porridge - you could try a little jam, fruit or honey. Do you like porridge?



Use books or the Internet to find out a fact about real bears. You could draw a picture or write your fact to share with the rest of the group.



Draw a picture of the Three Bears. Can you write the Bears' names? Listen carefully to the letter sounds you can hear in their names and write them down.

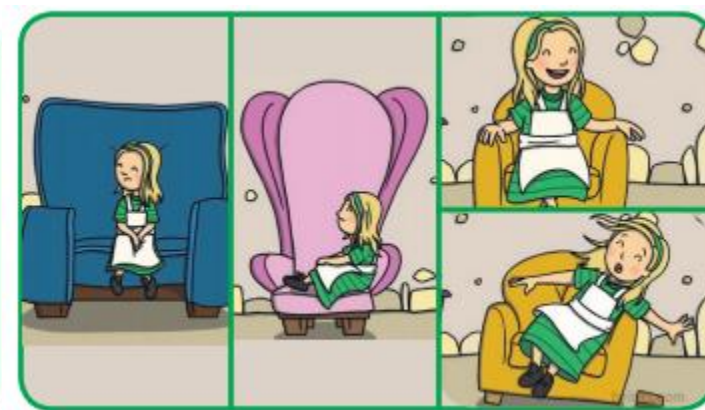
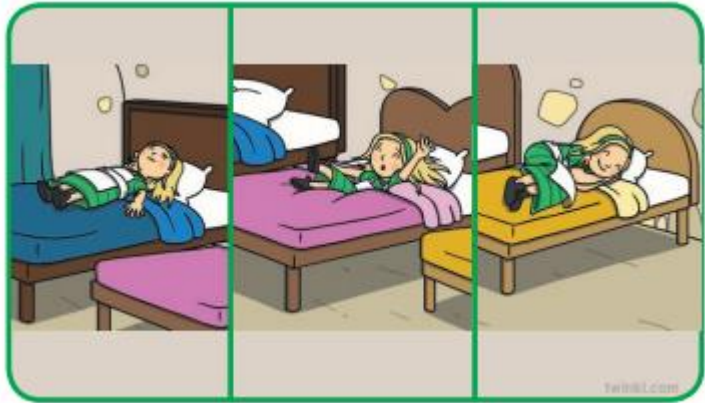
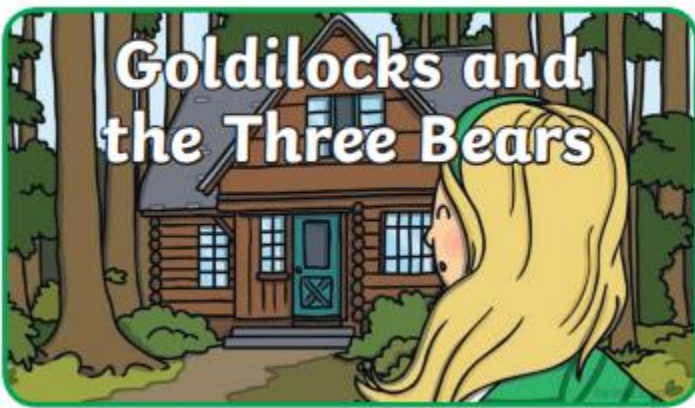
Goldilocks & the three bears

<https://www.youtube.com/watch?v=0oUP2PFoOi8>

Also check out the lessons at the oak academy here:

<https://classroom.thenational.academy/units/goldilocks-and-the-three-bears-1138>

Can you put the pictures in the right order to sequence the story?

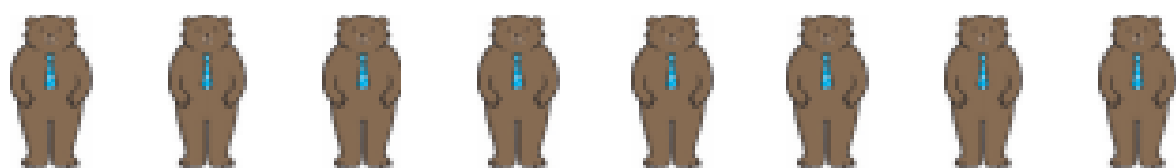


Pencil Control Activity- Trace the dotted lines as neatly as you can.



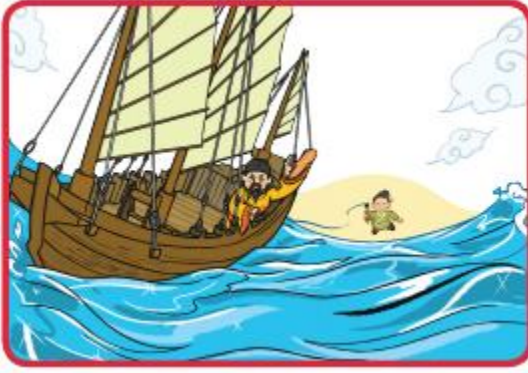
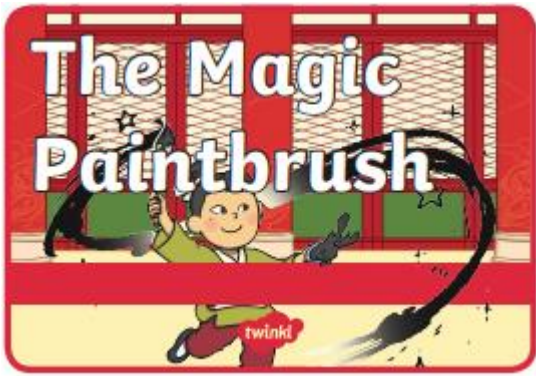
Goldilocks Counting

Count the pictures and write down the answers in the circles.

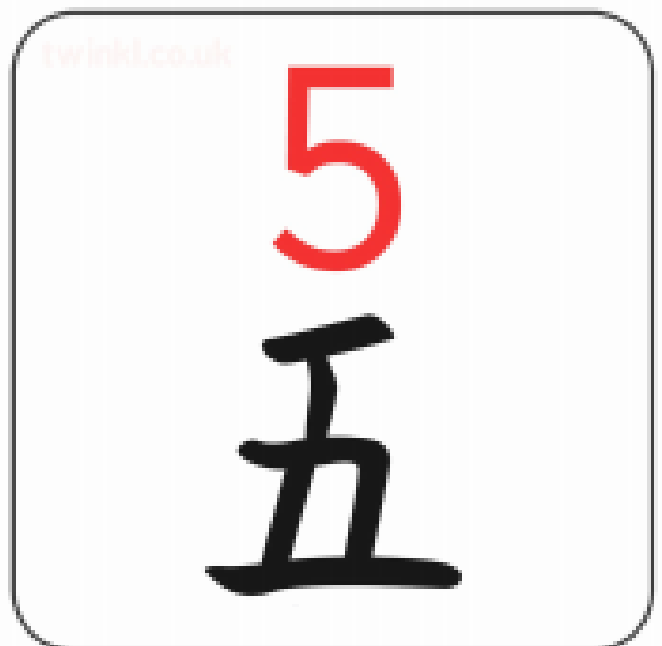
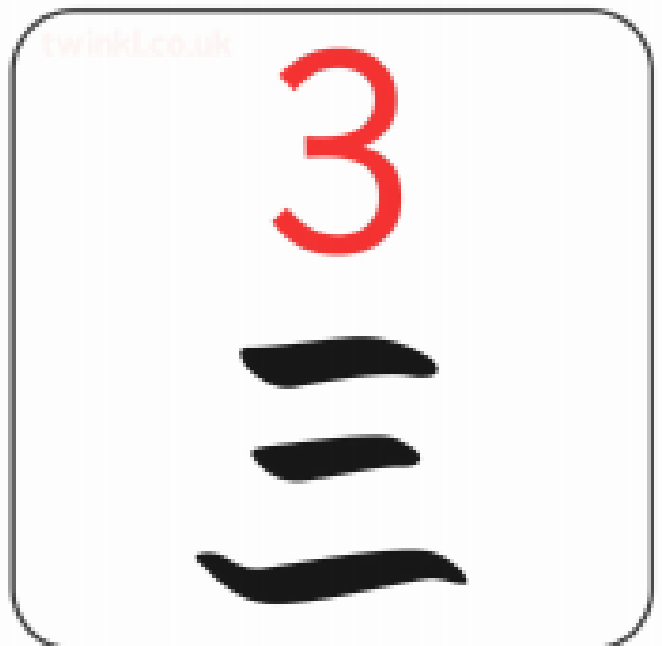
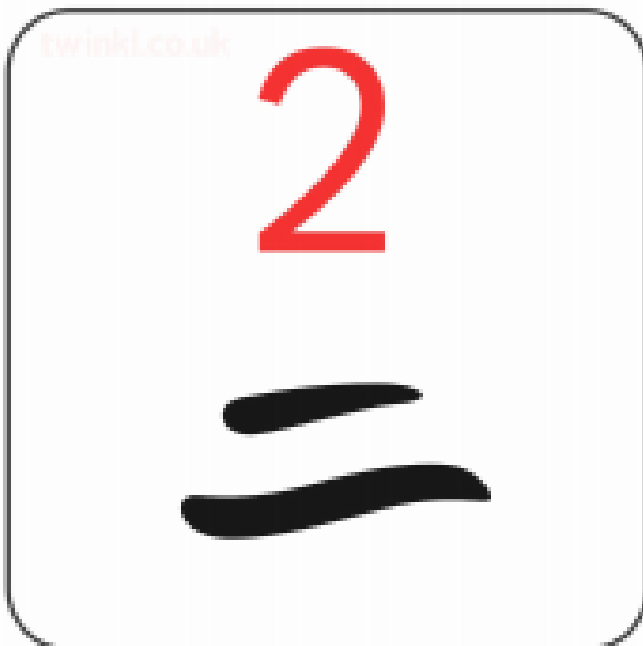
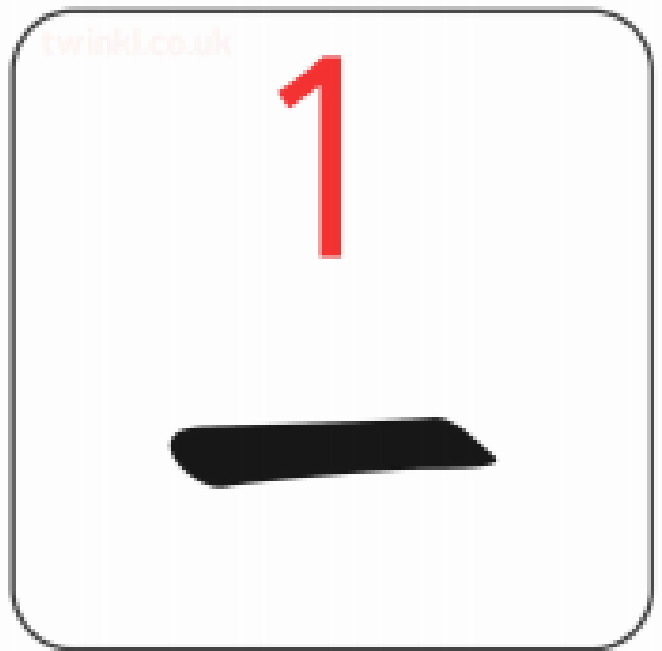


Choose from the pictures below to put in order of the story. How many can you sequence? The Magic Paintbrush

<https://www.youtube.com/watch?v=u8eQHqjTKZU>



Have a go at writing the Chinese number symbols, how many can you do?



[Also look at some of the lessons from the Oak Academy here: https://classroom.thenational.academy/units/the-magic-paintbrush-mood-1d98](https://classroom.thenational.academy/units/the-magic-paintbrush-mood-1d98)



Times tables/Number bonds.



Star Number Bonds to 10

Write the missing number to make each star equal to 10.

6 +

8 +

10 +

2 +

5 +

9 +

1 +

3 +

7 +

4 +

0 +

Musical Maths

Sing number songs with your child such as:

1,2,3,4,5 once I caught a fish alive

10 green bottles

5 little men in a flying saucer

5 little ducks

5 little speckled frogs

10 in the bed

10 fat sausages

5 current buns

You can type the title into youtube to bring up the songs. Below are some to get you started.

10 green bottles

<https://www.youtube.com/watch?v=rPCzwqbFAn0>

Count 1- 20

<https://www.youtube.com/watch?v=D0Ajq682yrA>

Hot cross buns

<https://www.youtube.com/watch?v=re3gXNTtwig>

All About Number 1

Number Formation Activity



How many fingers are being shown?



How many counters are in the ten-frame?



How many elephants can you see?

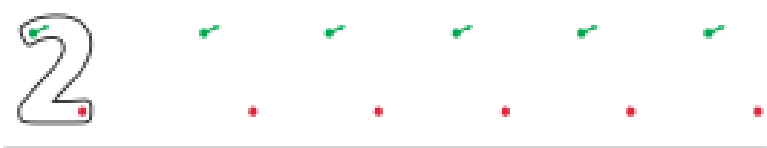
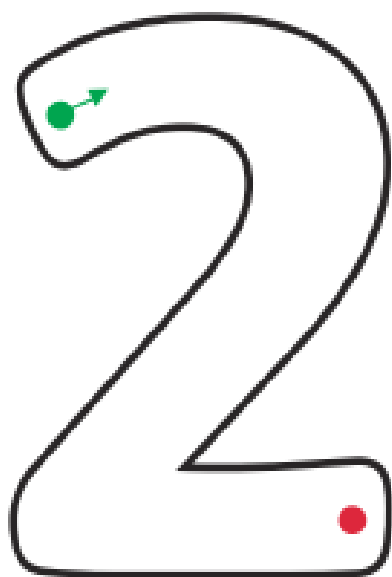


How many cars can you see?

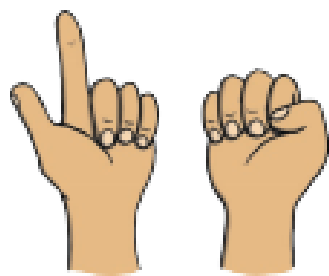


All About Number 2

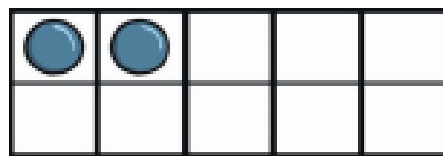
Number Formation Activity



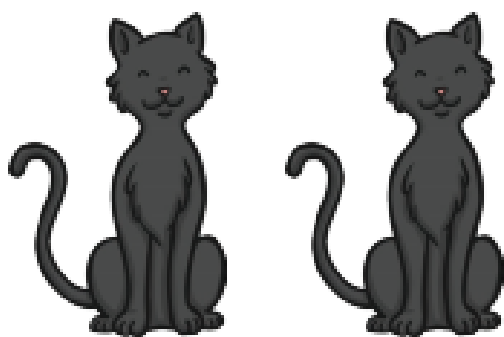
How many fingers are being shown?



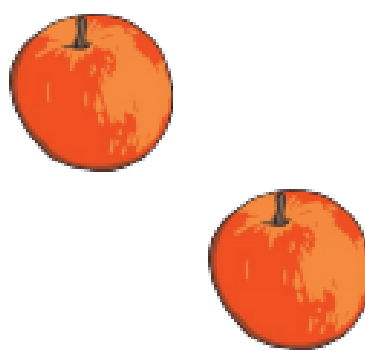
How many counters are in the ten-frame?



How many cats can you see?

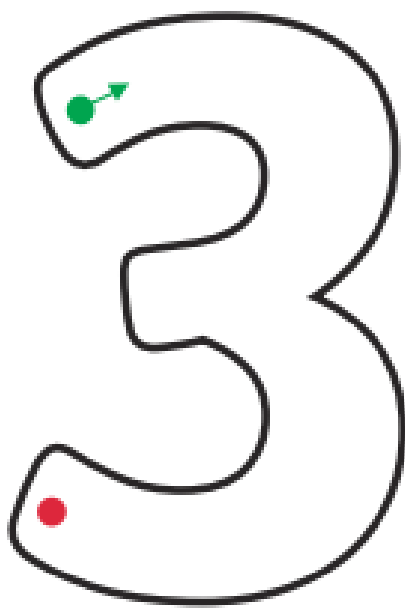


How many apples can you see?

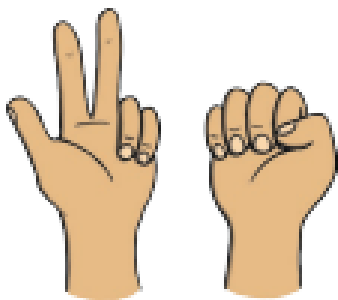


All About Number 3

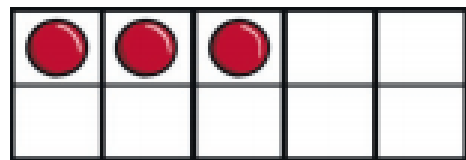
Number Formation Activity



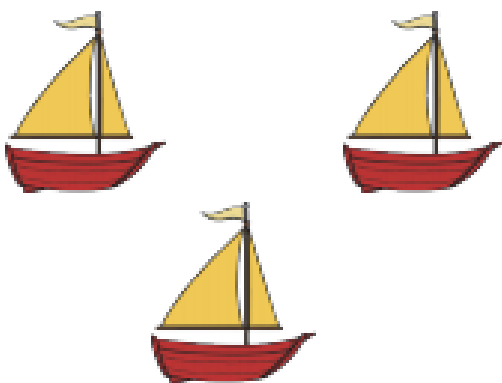
How many fingers are being shown?



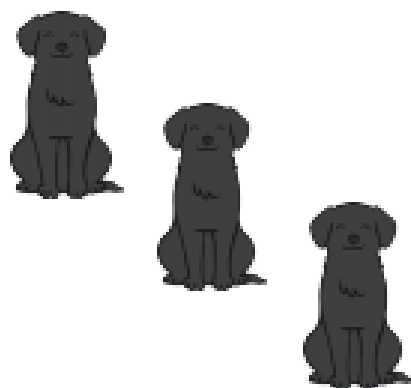
How many counters are in the ten-frame?



How many boats can you see?



How many dogs are there?



Sensory Activities

-Any heavy work or play activity which provides resistance.

-A child can be a “Mummy’s helper” by carrying or putting away books, moving tables and chairs, and pushing heavy equipment e.g. sand tray, snack trolley, boxes.

-Have your child assist with carrying shopping, pushing wheelie bin, pulling and pushing Hoover, stacking heavy cans etc.

-Digging in sand or small gravel and carrying buckets of sand or gravel and any other gardening tasks.

-Play push and pull games e.g. tug of war, playfully trying to push the wall down or parents over, pulling box filled with toys.

-Activities which require putting weight on arms, such as wheelbarrow walking, playing in the hands and knees position, animal walks etc.

-Fill the child’s rucksack with heavy books or objects and have them wear this often.

-Squeezing playdough, silly putty, wet sponges, clay, kneading dough.

-Bouncing on space hopper or small trampoline or therapy ball.

-Chewing on “Gummy bears”, bagels, raisins or anything chewy that is safe to chew.

-Sucking drink through a straw, especially thicker drinks, e.g. milkshake.

-Throwing and catching heavy balls or beanbags.

Mindfulness

Links to meditation and calming music

Cosmic kids zen den

https://www.youtube.com/results?sp=mAEB&search_query=cosmic+kids+zen+den

Meditation

https://www.youtube.com/watch?v=Bk_qU7I-fcU

Calming music

<https://www.youtube.com/watch?v=P7EB3Zxqj7g&list=PLK-5uNoXz46Ke8DaLEFGtyCC3-WSiDzQL&index=5&t=3183s>

Body breaks

Links to fine and gross motor activities

Gummy bears

<https://www.youtube.com/watch?v=6Q7-tzCCh3w>

Meatballs go noodle

<https://www.youtube.com/watch?v=BQ9q4U2P3ig>

Wake up shake up lazy town

<https://www.youtube.com/watch?v=eD7zbsGjFo4>

Playdoh disco

<https://www.youtube.com/watch?v=DrBsNhwxzgc>

<https://www.youtube.com/watch?v=BOLR3pQt8zg>

Rolling a ball, kicking, catching bat and ball

Online learning

Literacy

<https://www.myon.co.uk/login/index.html>

Barefoot Stories:

https://www.youtube.com/results?search_query=barefoot+stories

days of week:

<https://www.youtube.com/watch?v=mXMofxtDPUQ>

months of the year

<https://www.youtube.com/watch?v=Fe9bnYRzFvk>

Numeracy

Numbots

<https://play.numbots.com/#/intro>

Tt rockstars

<https://ttrackstars.com/>

General

Busy things

<https://www.busythings.co.uk/>

Go noddle

<https://www.gonoodle.com/>

Top marks

<https://www.topmarks.co.uk/>

Toy theatre

<https://toytheater.com/>

Cbeebies

<https://www.bbc.co.uk/cbeebies>

Oak academy

<https://www.thenational.academy/>

Sensory brain breaks

Sensory Brain Break

Scrunch It

See how many times you can scrunch tissue paper into a ball.



Sensory Brain Break

Draw It

Use a sand tray or sensory tray- see how many different patterns you can draw.



Sensory Brain Break

Wrap Up

Wrap yourself in a heavy blanket or use a weighted vest.



Sensory brain breaks

Sensory Brain Break

Fiddle Toys

Explore a fiddle box of toys!



Sensory Brain Break

Music Time

Listen to music using headphones.



Sensory Brain Break

Spinning

Stand on the spot. Spin round in circles one way, then spin the opposite way.



Sensory Body Breaks

Gross Motor Activity Cards

Wonderful Walking

Walk forwards, backwards, eyes open, eyes closed, sideways, on tiptoes, heel to toe, and then take giant steps.



Gross Motor Activity Cards

Marvelous Mats

Lay out a gym mat. How many different ways can you move across the mat? Can you jump, skip, roll, crawl, or slide?



Gross Motor Activity Cards

Brilliant Ball Skills

Use balls of different sizes to bounce, throw, catch, roll, kick, score goals, dribble, or dribble around cones!

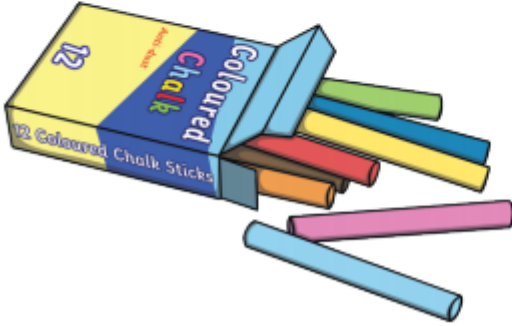


Sensory Body Breaks

Gross Motor Activity Cards

Chalk It!

In an outdoor space, use chalk to make big patterns! Chalk wavy, curly, zig zag lines, numbers, or letters. Can you then hop, walk, or skip over the lines you have chalked?



Gross Motor Activity Cards

Jumping Jacks

How many different ways can you jump? Can you jump on the spot (small jumps/big jumps), side to side, star jumps, bunny jumps, backwards, forwards, with eyes open, and eyes closed!



Gross Motor Activity Cards

Animal Antics

Use your body to pretend to be different animals:

Snake: slither across the floor

Butterfly: flutter around the room

Elephant: stomp with both feet

Kangaroo: bounce around

Frog: hop like a frog

Flamingo: stand still on one leg



