

Picture News



Speaking and Listening - Look at the Picture News poster: What can you see? What do you think this family are doing? Discuss that this family are doing some schoolwork at home, as they haven't been able to go to school due to the coronavirus. Think about: Did you or are you doing schoolwork at home? How was/is it different from when you are at school? It has been in the news that lots of Mums and Dads are saying that their children's routine has changed a lot since they have been at home. Discuss what the word 'routine' means. Tell the children most people have a routine, which is the things they do every day, such as get up at the same time every morning, have breakfast, brush their teeth, get ready and go to school or work etc. Think about: Do you do the same things every day? What do you do? Did your routine (the things you normally do) change when you stopped going to school? How did it change?

Question: How important is it to have a bedtime? Think about: What do you normally do at bedtime before you go to sleep? Did your bedtime routine change when schools closed? How? Have you been doing anything different? What time do you normally go to bed? Do you go to bed at the same time or a different time when you don't have to go to school the next day? Some children have been going to sleep later whilst they have been off school, which means they don't get up as early in the morning. What do you think would happen if you went to bed really late and then went to school the next day? How would we feel at school? Do you think having a bedtime is a good idea? Why?

<https://www.youtube.com/watch?v=l1hS9yAh79U>

Storytime: Can you listen to the story 'Charlie and Lola's I Am Not Sleepy and I Will Not Go to Bed'?

Think about: What is Lola's brother trying to do? Do you think Lola wants to go to bed? Why not? Do you like going to bed? What would you do if you didn't have to go to bed at bedtime? Do you think Lola was telling the truth about the lion eating her toothbrush and the whales being in her bath? Why do you think she was saying all these things to Charlie?

Funky fingers: One of the things we need to do every day as part of our routine is get dressed. Can you practise doing up the buttons on a shirt/zip on a jacket? Think about: What do we need to do first when we do up a button/zip? How can you get the button to fit through the hole? Can you try turning the button on its side? Can you try and push the button through and pull it out the other side? Resources: Any clothing with buttons or zips