

Learning Objective	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Year 3	How to dribble a ball	How to pass and receive a ball over short distances with some control	How to pass a ball over longer distances	How to pass and receive the ball on the move	How to tackle a player safely	How to hit a ball to score a goal
Year 4	How to dribble a ball whilst continually looking up	How to pass and receive a ball over short distances with accuracy and control	How to pass a ball over longer distances with power and accuracy	How to pass and receive the ball on the move, choosing the appropriate pass for short and long distances	How to tackle a player safely keeping low to the ground	How to hit a ball to score a goal with accuracy and control

Children will be taught to

- Travel with the ball keeping it under control when dribbling with increased consistency.
- Link movements such as dribbling, passing and shooting together fluently while on the move
- Receive and stop the ball using different parts of the hockey stick.
- Make shots and passes with reasonable accuracy and consistency.
- Make tactical decisions within their performances and as a team.

Things to think about:

- Make sure you have **good control** of the ball.
- Keep the **ball close to your stick** at all times.
- Think about the position of your hands on the stick when **dribbling, shooting and passing.**

Assessment



Inspiring Athlete

Alex Danson



Adam Dixon



Key Skills/Vocabulary

Passing	Push or slap the ball to a member of your own team
Dribbling	Moving with the ball at the end of your stick with control
Tackling	Place stick on the floor directly in front of opponents stick to block then take control of the ball
Shooting	An attempt by a player to score a goal by pushing or slapping the ball with their stick in the direction of the goal
Attack	Movements made towards the oppositions goal in order to score goals.
Defend	Movements made to protect the home teams goal, preventing the opposition from scoring
Push Pass	A push pass is used to move the ball speedily over shorter distances. The ball stays in contact with the ball until it is released for the pass
Slap Pass	Bring the stick back a way from the ball and push quickly through the ball to move it over a greater distance

SMSC / Cultural Capital
Team work/Fair
Play/Respect/Sportsmanship
 Eurohockey Championships 2021 – Amsterdam,
 Mens and Women's

