



Learning Objective	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Year 7	Learn different types of PASSING and apply in a small sided game	Learn how to perform a DRIBBLE in Handball	Learn how to SHOOT in Handball.	Learn how to DEFEND effectively.	Learn the basic RULES of Handball	Learn how to ORGANISE, COMPETE & OFFICIATE a Handball tournament	Developing how to ORGANISE, COMPETE & OFFICIATE a Handball tournament
Year 8	RECAP skills from Y7 and develop ONE HANDED PASSING/RECEIVING and apply in a small sided game.	Learn how to perform a JUMP PASS/SHOT in Handball	Learn how to ATTACK/COUNTER ATTACK in Handball.	Develop team and individual DEFENSE.	Learn the basics of SCREENING to create an opportunity to score	Developing how to ORGANISE, COMPETE & OFFICIATE a Handball tournament	Independently ORGANISE, COMPETE & OFFICIATE a Handball tournament
Year 9	Why are RULES/ SCORING systems important in competitive situations?	Understand the importance of POSITIONING when officiating	Understand the importance of COMMUNICATION when officiating (Verbal/Non Verbal)	Develop knowledge of more ADVANCED RULES in your activity.	Can you apply/enforce more advanced rules in a competitive situation when officiating?	What considerations need to be made when ORGANISING a mini tournament	INDEPENDENTLY ORGANISE a mini tournament.

Key Skills

Passing – “elbow above shoulder” (high arm), “nose over toes” (weight forward)

Catching - A skill used to receive the ball, enabling the team to keep possession of the ball

Defending - A technique used to mark your opponent to stop them finding a space to receive the ball or for a player to intercept a pass

Attacking – To win, one team must score more goals than the other

Tactics and Strategies

Attacking and defending
 Create space and cut down space
 Losing an opponent
 Changes of speed
 Timing
 Decision making



Rules and Regulations

Goal Area – Only the goal keeper is allowed in the goal area.
 Goal keeper can save with any part of their body.
 Players cannot pass back to the goal keeper.
 The opposition cannot make body contact with a player
 You can take 3 steps and 3 seconds with the ball before a bounce or a pass.
 You can only use your hands.

Components of Fitness

Co-ordination
 Agility
 Reaction time
 Power
 Stamina
 Strength

SMSC / Cultural Capital
Team work / Fair Play / Respect / Sportsmanship




Key Words / Literacy

Interception
 Marking
 Possession
 Dribbling
 Team work
 Communication
 Co-operation
 Decision making
 Free Throw
 Penalty



