



Learning Objective	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
<b>Year 7</b>	Learn the basics of control and be able to DRIBBLE	Learn how to use a PASS in order to create a chance to score.	Learn how to SHOOT in order to score.	Learn how to TACKLE without fouling opponents.	Learn the BASIC RULES and self manage during a small sided game.	Learn BASIC Strategies to create scoring opportunities	Learn how to ORGANISE & COMPETE in a mini Football tournament.
<b>Year 8</b>	Learn ADVANCED SKILLS/techniques to beat defenders.	Improve DECISION MAKING to create an opportunity to score	Learn how to perform SET PIECE PLAY.	Develop an understanding of DEFENDING as a team.	Develop an understanding of ATTACKING as a team.	Learn ADVANCED RULES and self manage during a small sided game.	ORGANISE, COMPETE and LEAD in a mini Football tournament.
<b>Year 9</b>	Develop ADVANCED SKILLS/techniques to beat defenders.	Complex DECISION MAKING to create an opportunity to score	Develop a range of team strategies to DEFEND as a team.	Develop a range of team strategies to ATTACK as a team.	Learn OFFICIATE and LEAD during a match situation	Independently OFFICIATE and LEAD during a match situation	INDEPENDENTLY ORGANISE, COMPETE and OFFICIATE in a Football tournament.

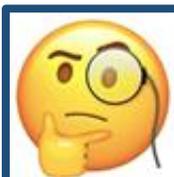
### Key Skills

**Dribbling** – Moving with the ball close to your feet often changing direction to avoid defenders or find space.  
**Control** – Use a variety of techniques to keep the ball close in order to prevent opponents gaining possession.  
**Passing** – Perform a range of different passes to a team mate considering the situation (Long, short, lofted, through ball etc.)  
**Shooting** – Strike the ball with accuracy and power in an attempt to score a goal  
**Tackling** – Dispossess an opponent or prevent them from completing a successful pass, shot or dribble.



### Tactics and Strategies

Team Formations (4-4-2)  
 'Tiki Taka'  
 Long Ball  
 Through Ball  
 Possession  
 Counter-attack  
 Positional Play



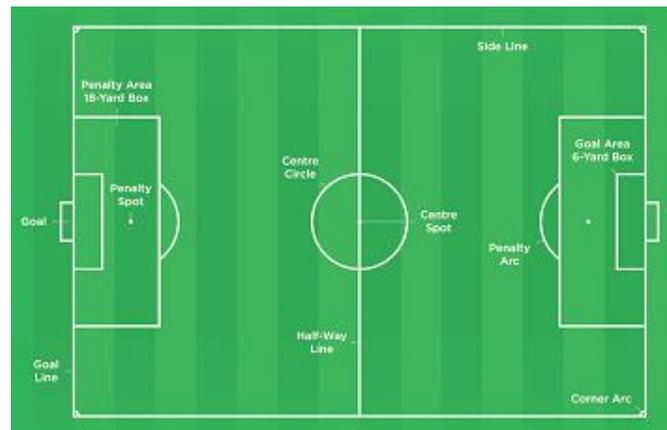
### Key Words / Literacy

Skill  
 Technique  
 Accuracy  
 Possession  
 Communication  
 Co-operation  
 Decision making  
 Power  
 Spatial awareness  
 Speed  
 Control



### Basic Rules and Regulations

- A goal is awarded when the ball enters a net at either end of the pitch. (All of the ball must cross the line)
- Players must not handle the ball in the field of play unless they are the goal keeper and they are inside their Goal area.
- If the ball leaves the side-line it is deemed to be a 'Throw in'
- If the ball is kicked over a goal line but outside of the goal, then either a 'Goal kick' or 'Corner' is awarded depending on who touched it last.
- Fouls are committed when a player makes contact with an opponent, without first making contact with the ball.



### Components of Fitness

Co-ordination  
 Agility  
 Reaction time  
 Power  
 Stamina  
 Strength  
 Speed  
 Cardiovascular Endurance

### SMSC/Cultural Capital

Team work  
 Fair Play  
 Respect  
 Sportsmanship  
**World Cup Winners:**  
 France  
**Champions League**  
**Winners: Liverpool FC**

