



Learning Objective	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Year 7	To learn the basics of Basketball CHEST PASS/BOUNCE PASS	Learn how to perform a DRIBBLE in Basketball	Learn how to perform a SET SHOT	Learn how to perform a LAY UP SHOT	Learn how to DEFEND during a competitive Basketball Game.	Learn the BASIC RULES and self manage during a small sided game.	Learn how to ORGANISE/COMPETE & LEAD in a Basketball tournament.
Year 8	Learn basic team STRATEGY and TACTICS.	Learn ADVANCED SKILLS to beat defenders. (Screens, Fakes)	Improve DECISION MAKING to create an opportunity to score.	Develop an understanding of DEFENDING as a team. (Man-2-Man, Zone)	Develop an understanding of ATTACKING as a team. (Fast break)	Learn ADVANCED RULES and self manage during a small sided game.	ORGANISE, COMPETE and LEAD in a mini Basketball tournament.
Year 9	Develop ADVANCED SKILLS/techniques to beat defenders.	Complex DECISION MAKING to create an opportunity to score	Develop a range of team strategies to DEFEND as a team.	Develop a range of team strategies to ATTACK as a team.	Learn to OFFICIATE and LEAD during a match situation	Independently OFFICIATE and LEAD during a match situation	INDEPENDENTLY ORGANISE, COMPETE and OFFICIATE in a Basketball tournament.

Key Skills

Dribbling – Moving around the court whilst bouncing the ball in order to find space and create a chance to score.

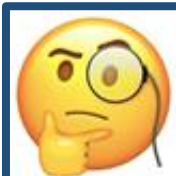
Passing – Move the ball with two hands in multiple directions accurately to a team mate.

Shooting – Using a number of different skills in order to score a basket (Set Shot, Jump Shot, Lay Up).

Rebounding – Following a missed shot, regain possession by collecting the ball in the air after it has ‘rebounded’.

Pivoting – Changing direction on the spot in order to find a team mate to pass to in space.

Defending – Using your body, arms and hands to make it difficult for the opposition to get close to the basket.



Tactics and Strategies

Man to Man Marking
Zone Defence
Screening
Fast break
Fake (Shot/Pass)



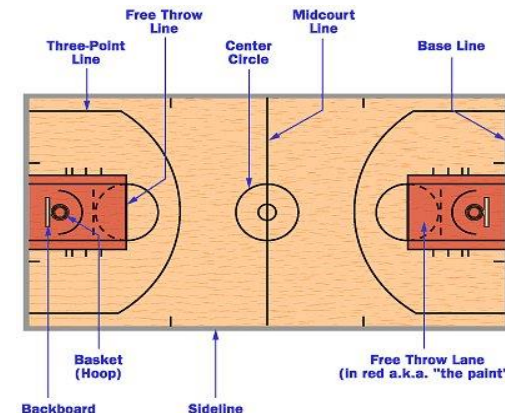
Key Words / Literacy

Skill
Technique
Accuracy
Possession
Communication
Co-operation
Decision making
Power
Spatial awareness
Speed
Control



Basic Rules and Regulations

- Players attempt to win the game by scoring a number of ‘Baskets’, shots inside the ‘Key’ are worth 2 points and outside are worth 3 points.
- Players can move with the ball but they must bounce it every third step, this is termed dribbling.
- If a player moves without bouncing the ball this is called ‘Travelling’ and a foul is awarded to the opposition.
- If a player dribbles the ball and stops, they must then make a pass or shoot. If a player dribbles again this is termed ‘Double Dribble’ and a foul is awarded.
- Players are not permitted to make contact with other players this will be called a foul by the officials.



SMSC/Cultural Capital

NBA Champions 2019: Toronto Raptors



Olympic Gold Medallists (Rio 2016):

Men – Team USA

Women – Team USA



https://en.wikipedia.org/wiki/History_of_basketball