

Knowledge

- Know special things about themselves.
- Know that some people are different from themselves.]
- Know how happiness and sadness can be expressed.
- Know that hands can be used kindly and unkindly.
- Know that being kind is good.
- Know they have a right to learn and play, safely and happily

FS: Autumn 1

Being Me in My World

Social and Emotional Skills

- Identify feelings associated with belonging.
- Identify feelings of happiness and sadness.
- Skills to play cooperatively with others.
- Be able to consider others' feelings.
- Be responsible in the setting.



Question for Learning

What does it feel like to belong? What's special about you? How do people show they are happy or sad? What sort of things can you do to be kind? How do you play nicely with other children? How are you different from someone else (e.g. Mummy, Daddy, brother, sister, a friend)? What are the Jigsaw Friends

in your class called?

Key Vocabulary

Kind, Gentle, Friend, Similar(ity), Different, Rights, Responsibilities, Feelings, Angry, Happy, Excited, Nervous, Sharing, Taking Turns



Knowledge

- Know what being proud means and that people can be proud of different things.
- Know that people can be good at different things.
- Know what being unique means.
- Know that families can be different.
- Know that people have different homes and why they are important to them.
- Know different ways of making friends • Know different ways to stand up for myself.
- Know the names of some emotions such as happy, sad, frightened, angry.
- Know that they don't have to be 'the same as' to be a friend • Know why having friends is important.
- Know some qualities of a positive friendship.



FS: Autumn 2 Celebrating Difference

Social and Emotional Skills

- Identify feelings associated with being proud.
- Identify things they are good at.
- Be able to vocalise success for themselves and about others successes.
- Identify some ways they can be different and the same as others.
- Recognise similarities and differences between their family and other families.
- Identify and use skills to make a friend.
- Identify and use skills to stand up for themselves.
- Recognise emotions when they or someone else is upset, frightened or angry.



Question for Learning

Can you say how you are different from a friend? Can you say how you are the same as a friend? What makes a family? What makes you proud? What are you good at doing? Are all families the same? What can you do to make a friend? How can you tell when someone is feeling sad, angry or upset? If someone is making you feel sad or upset what can you do about it? Shall we share a Calm Me time?

Key Vocabulary

Different, Special, Proud, Friends, Kind, Same, Similar, Happy, Sad, Frightened, Angry, Family