



Year 1: Autumn 1

Being Me in My World



Knowledge

- Understand the rights and responsibilities of a member of a class
- Understand that their views are important
- Understand that their choices have consequences
- Understand their own rights and responsibilities with their classroom

Social and Emotional Skills

- Understanding that they are special
- Understand that they are safe in their class
- Identifying helpful behaviours to make the class a safe place
- Identify what it's like to feel proud of an achievement
- Recognise feelings associated with positive and negative consequences
- Understand that they have choices.

Question for Learning

What do you do in class to help other children? What do you do to help your teacher? What does it feel like to be safe? Can you tell me something you were really proud of?
How did it make you feel 'inside'?
What choices can you make to be helpful and kind in school and at home?
What are the Jigsaw Friends in your class called? Can you tell me about Calm Me time?

Key Vocabulary

Safe, Special, Calm, Belonging, Special, Rights, Responsibilities, Learning Charter, Jigsaw Charter, Rewards, Proud, Consequences, Upset, Disappointed, Illustration.





Year 1: Autumn 2

Celebrating Difference



Knowledge

- Know that people have differences and similarities
- Know what bullying means
- Know who to tell if they or someone else is being bullied or is feeling unhappy
- Know skills to make friendships
- Know that people are unique and that it is OK to be different

Social and Emotional Skills

- Recognise ways in which they are the same as their friends and ways they are different
- Identify what is bullying and what isn't
- Understand how being bullied might feel
- Know ways to help a person who is being bullied
 - Identify emotions associated with making a new friend
- Verbalise some of the attributes that make them unique and special

Question for Learning

- Can you say how you are different from a friend?
- Can you say how you are the same as a friend?
- What can you do to make a friend?
- How can you tell when someone is feeling sad, angry or upset?
- If someone is making you feel sad or upset what can you do about it?
- Can you show me how to do Calm Me time?



Key Vocabulary

Similarity, Same as, Different from, Difference, Bullying, Bullying behaviour, Deliberate, On purpose, Unfair, Included, Bully, Bullied, Celebrations, Special, Unique.