



# THE GRANGE ACADEMY

Wade Deacon Trust



Issue 4 - Friday 6th November 2020

## A Message from the Principal

Dear Parents and Carers,

I hope you are well and are coping during this difficult time. This Newsletter comes shortly after the second National Lockdown, which I know will bring challenges for you and your families. I have copied the link so you can access the guidance should you wish: <https://www.gov.uk/guidance/new-national-restrictions-from-5-november>

As we have been in Tier 3 for some time, there are no changes in terms of how we will operate and we will continue to follow our risk assessments and the guidance in order to control the transmission.

As you know, **school remains open**. "Attending school is vital for children's education and for their wellbeing. Time spent out of school is detrimental for children's cognitive and academic development, particularly for disadvantaged children. This impact can affect both current levels of education, and children's future ability to learn.

The risk to children themselves of becoming severely ill from Coronavirus (COVID-19) is very low and there are negative health impacts of being out of school. For the vast majority of children, the benefits of being back in the classroom far outweigh the low risk from Coronavirus." <https://www.gov.uk/guidance/education-and-childcare-settings-new-national-restrictions-from-5-november-2020>


Children who live with someone who is clinically extremely vulnerable, but who are not clinically extremely vulnerable themselves, should still attend education or childcare. Parents of clinically extremely vulnerable children will be receiving a letter shortly confirming this advice from the NHS. Should you wish to discuss this sensitive matter please contact a member of the Senior Leadership Team.

Unfortunately, the current pandemic is dominating much of the news and information we see and hear. It has taken away from the very positive start back we have had this year. Students in both phases are producing some excellent work; attendance, particularly in Primary is outstanding; remote learning is being used effectively in both phases; we have started our 'Catch Up' in both phases and we are pleased with the progress students are making.


Please continue to work with, and support us through this challenging period. You will see some of the brilliant work and rewards our students receive through our social media pages. Please follow us; as they are a great way to keep up to date with all the latest news and information from The Grange Academy.

Please stay safe and look after yourselves and your families.

Mr Critchley



**Save the Date!**  
**Children In Need**  
Friday 13th November 2020



Look out for more information next week via our social media platforms on how to get involved.

Attendance

**Attendance Week 7**

**HIGHEST ATTENDING YEAR GROUP:**

PRIMARY		SECONDARY	
Year 02	99.2%	Year 8	95.8%
Violet	99.3	8KNI	100

**ATTENDANCE COMPETITION**

The highest attending class in Primary and the highest attending form group in Secondary each week will receive a celebration breakfast.

SCHOOL ATTENDANCE TARGET 97%

**Attendance Week 8**

**HIGHEST ATTENDING YEAR GROUP:**

PRIMARY		SECONDARY	
Year 04	98.4%	Year 8	95.0%
Pine	99.2	8KNI	97.9

**ATTENDANCE COMPETITION**

The highest attending class in Primary and the highest attending form group in Secondary each week will receive a celebration breakfast.

SCHOOL ATTENDANCE TARGET 97%

A community that works together to create an exceptional learning journey for all.



## Staff Profile

### English Teacher – C Grace

#### Education

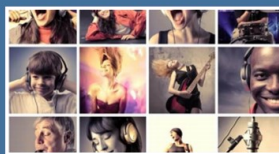
Lunts Heath Primary School - Widnes  
 Wade Deacon High School – Widnes to study GCSEs  
 Cronton Sixth Form College – Widnes to study A Levels  
 University of Liverpool – BA (Hons) Communication and Media Studies  
 Edge Hill University – PGCE Further Education and Training

#### Hobbies and Interests

When I was younger I used to love horse riding and went to riding lessons every weekend in Widnes. I loved to compete in shows at my riding school and helped to muck out every Saturday morning. I'm a big LFC fan and love to follow the football and watch every match.

#### Proudest Moment

My proudest moment was graduating from university, it was a tough three years but was worth every minute of hard-work. If I hadn't completed my degree I would not have been able to be a teacher, which has always been my dream career.



## Career of the week



### Musician

#### How to become a musician

You can get into this job through:

- a university course
- applying directly
- specialist courses run by private training organisations

#### University

You'll need a high level of musical skill and talent.

To develop these skills, you could get a degree or postgraduate award in:

- classical music
- music composition
- music performance

You'll need to train at a university or a music college, often known as a conservatoire. You'll usually specialise in one main instrument and study a second instrument. Some music degrees focus more on music theory than performance, so research the courses carefully to make sure they're right for you.

**Salary:**  
 £23,000 - £40,000

#### Entry requirements

- You'll usually need:
- 2 or 3 A levels including music, or equivalent qualifications
  - grade 8 in your main instrument
  - to pass an audition
  - a degree in a relevant subject for postgraduate study Direct Application

To apply directly to work as a classical musician you'll usually need to have:

- learned at least one instrument from an early age
- taken graded music exams
- studied music theory

#### Skills and knowledge

- You'll need:
- to be thorough and pay attention to detail
  - active listening skills
  - the ability to work well with others
  - ambition and a desire to succeed
  - persistence and determination
  - knowledge of the fine arts
  - the ability to accept criticism and work well under pressure
  - excellent verbal communication skills





## Picture News at Home

### What's going on this week?



England footballer, Marcus Rashford has said "I could not be more proud to call myself British" after many authorities went against the Government's refusal to fund meals over the recent half-term break for many children. The 23-year-old said he is "truly overwhelmed" by the support his campaign has received after Parliament rejected proposals to provide free meals to children during the school holidays.

#### Things to talk about at home...

- Do you know who Marcus Rashford is? Do you know why he is famous?
- Talk about what you think of his campaign. Do you know if local cafes or restaurants near you offer/have offered free meals during school holidays?
- Do you think famous people should all speak out about issues that matter to them?

Read through the information below about Marcus Rashford and his campaign. What do you think about the campaign? Do you think other famous people should do more to help others?

#### Who is Marcus Rashford?

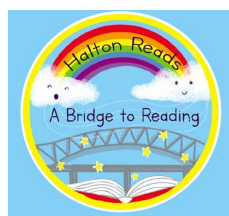
- Marcus was born in Manchester on October 31<sup>st</sup> 1997 and is 23 years old.
- When he was 5, he joined a junior football team.
- Marcus plays football for Manchester United and for England.
- In March, Marcus teamed up with food waste charity FareShare and helped raise over £20 million to help feed 3 million children.
- As part of a World Book Day poetry competition, Marcus was asked to be a judge at a school for children with hearing loss. Before the day, he learned sign language to introduce himself!

#### What is the Rashford campaign?

- Marcus Rashford's campaign came after MPs rejected a bid backed by the footballer, to extend free school meals over the school holidays until Easter 2021.
- Businesses and organisations around the country have offered free food, including tea rooms, churches, farms and takeaways. The footballer has highlighted many of them on his Twitter feed and encouraged people to share participating firms.



## #HaltonReads Festival



We have a fantastic opportunity to get involved in the #HaltonReads Festival from 16<sup>th</sup> to 27th November 2020. This will be a fabulous way to encourage students to read for pleasure both in school and at home.

We will also be joining in with the 'Half a Million Minutes' event during the same week. With this in mind, please keep a note of any minutes you spend reading as a class or at home and let your teacher know so they can email Mrs Marshall the totals at the end of each day. Mrs Marshall will post the totals to Halton Libraries via the school library Twitter account.

### ACTION CALENDAR: NEW WAYS NOVEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Make a list of new things you want to do this month	2 Respond to a difficult situation in a different way	3 Get outside and observe the changes in nature around you	4 Sign up to join a new course, activity or online community	5 Change your normal routine today and notice how you feel	6 Give yourself a boost. Try a new way of being physically active	7 Be creative. Cook, draw, write, paint, make or inspire
8 Find out something new about someone you care about	9 Plan a new activity or idea you want to try out this week	10 When you feel you can't do something, add the word "yet"	11 Be curious. Learn about a new topic or an inspiring idea	12 Overcome a frustration by trying out a new approach	13 Choose a different route and see what you notice on the way	14 Find a new way to help or support a cause you care about
15 Go outside and do something playful - walk, run, explore, relax	16 Look at life through someone else's eyes and see their perspective	17 Try a new way to practice self-care and be kind to yourself	18 Connect with someone from a different generation	19 Broaden your perspective: read a different paper, magazine or site	20 Make a meal using a recipe or ingredient you've not tried before	21 Learn a new skill from a friend or share one of yours with them
22 Find a new way to tell someone you appreciate them	23 Set aside a regular time to pursue an activity you love	24 Share with a friend something helpful you learned recently	25 Use one of your strengths in a new or creative way	26 Tune in to a different radio station or TV channel	27 Enjoy new music today. Play, sing, dance or listen	28 Join a friend doing their hobby and find out why they love it
29 Discover your artistic side. Design your own Christmas cards!	30 Look for reasons to be hopeful, even in difficult times					

**ACTION FOR HAPPINESS**

"You never know what you can do until you try" ~ C. S. Lewis

www.actionforhappiness.org

## Celebrating Success

We have had lots of achievements to celebrate this half term. Congratulations to all students who have worked hard to gain their rewards!

### SCIENCE – Student of the month

Nominated by their teacher				
YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
Isobel Beamish	Ray Rawlinson	Chloe Langeroux	Aiden Cartledge	Samantha Main
Lilly Cox	Millie Johnson	Lily O'Neil	Kyle Kayll	Chelsea Jones
Grace carter	Max Dyer	Nathan Murray	Ellie Steele	Georgi Walker
Lexie Noone	Andreea Lie	Phoebe Kenwright	Rachel Jones	Josh Roberts
	Muji Ahmedov	Kaitlin Gough	Myuzhde Asenova	Josh Jackson
				Georgia Keogh
				Dajland Istrefi



Nominated students will receive 5 ASPIRE points

### Fantasy Premier League

Before Half Term, Mrs Bibby was unbeatable in the Fantasy Football League with a huge 77 points.

However, two students managed it!

- 1 – Matthew Jackson = 83
- 2 - Cameron Hitchen = 108

Remember to use your name for your team name so you can receive prizes!

### World Food Day Quiz

Our winners for the quiz were:

**7GRC**  
**8KNI**  
**9WNG**  
**10CRZ**  
**11FRL**



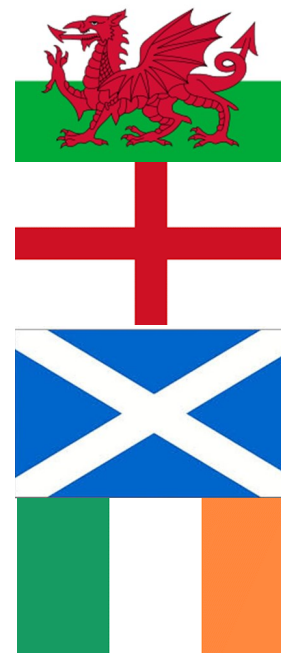
### House Rewards

Competitions this Half Term:

- Know your House Quiz
- World Food Day Quiz
- ASPIRE Points

Know your House winners!

**8ALN**



Look at some of the opportunities this Half Term where you can win rewards!

- ◆ All Years - St Andrews Day (29th November)
- ◆ All Years - Christmas Bonanza (December)
- ◆ Attendance prizes
- ◆ ASPIRE points prizes
- ◆ Hegarty Heroes
- ◆ And not forgetting the next 'Beat the Teacher Week' in Fantasy Football



## Hegarty Heroes

All homework in maths is now set weekly on [hegartymaths.com](http://hegartymaths.com). If you would like to know more please check the link on the school website.



Most learning hours - Year 7 - Hollie Higginson

Most learning hours - Year 8 - Kloe Lomax

Most learning hours - Year 9 - Alicia Naylor

Most learning hours - Year 10 - Gracie Carr

Most learning hours - Year 11 - Alyssa Probert

Most questions answered Year 7 - Hollie Higginson

Most questions answered Year 8 - Katie Higginson

Most questions answered Year 9 - Radu Bogoslov

Most questions answered Year 10 - Gracie Carr

Most questions answered Year 11 - Dylan Jolly

Most video hours Year 7 - Hollie Higginson

Most video hours Year 8 - Katie Higginson

Most video hours Year 9 - Cameron Ogburn

Most video hours Year 10 - Gracie Carr

Most video hours Year 11 - Bobby Lowrie



a **MULTIPLE** is

a number which can be **divided by** another number **with no remainder**

$$24 \div 6 = 4$$

$$6 \times 4 = 24$$

## WoW - Word of the Week

Word of the Week (WoW) is our weekly investigation into vocabulary. Each week we look at a high-frequency, useful word (which may be difficult to interpret) and explore the definition, sounds, spelling, word-families, grammar and history surrounding it.

**(week beginning 9<sup>th</sup> November)**

This week's word is

**significant** (adjective)

-sufficiently great or important to be worthy of attention

-having a particular meaning

**(week beginning 16<sup>th</sup> November)**

This week's word is

**co-operate** (UK) / **cooperate** (verb)

- work jointly/ assist someone

**How you can help:**

Encourage the use of the word in speaking and writing; model the use of the word when you talk.

## SMSC

2nd—8th November

### British Values - Mutual Respect & Tolerance

We all have different family circumstances; some people need more support than others. Famous people sometimes use their position to encourage us to respect this and reach out to families to do what we can to help.

### UN Rights of a Child

All children have the right to enough food so that they can develop in the best way possible. The government should help families and children who cannot afford this.

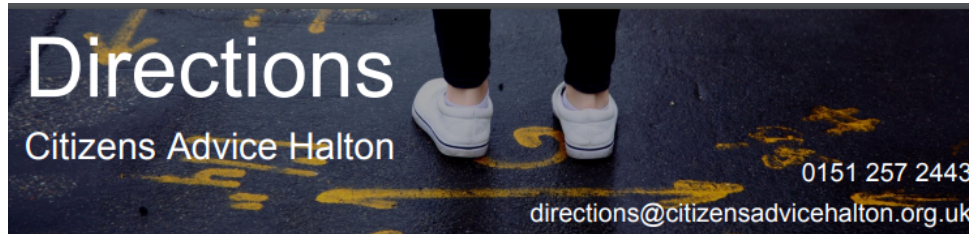


## Thought of the Week



**COMMUNITY** is a sign that love is possible in a materialistic world where people so often either ignore or fight each other. It is a sign that we don't need a lot of money to be happy—in fact, the opposite.

## Safeguarding, Emotional Wellbeing and Mental Health



### Do you need employability support?

Directions is a **free** employability course that provides:

- Individual support from our key workers
- Access to online learning to help you develop your skills
- The option to volunteer at Citizens Advice

Get in touch if you are:

A resident of Halton

18+

Not in work, education or training



**European Union**  
European  
Social Fund

## WEEKLY WELLBEING CHECK-UP

Try using this list each week to check in with your mental health

**#ADDRESS YOUR STRESS**

### Where's my mental health today?

How do I feel today?

Mentally? \_\_\_\_\_

Physically? \_\_\_\_\_

### Looking after my wellbeing

Am I drinking enough water and eating a balanced diet? \_\_\_\_\_

How did I sleep last night? \_\_\_\_\_

Did I feel rested when I woke up? \_\_\_\_\_

Is there anything I can improve? \_\_\_\_\_

### How's my thinking today?

How are my thoughts making me feel? \_\_\_\_\_

Am I having unhelpful thoughts? \_\_\_\_\_

Check out [getselfhelp.co.uk](http://getselfhelp.co.uk) or [moodgym.com.au](http://moodgym.com.au) for free resources on spotting and challenging unhelpful thoughts

### My Stress Container

How full is my container? \_\_\_\_\_

Am I using helpful coping strategies? \_\_\_\_\_

Are they working? \_\_\_\_\_

Learn about your stress container here: [mhfaengland.org/mhfa-centre/campaigns/mhaw2018](http://mhfaengland.org/mhfa-centre/campaigns/mhaw2018)

There are simple steps you can take to **#AddressYourStress**. Check out our resources at [mhfaengland.org](http://mhfaengland.org)



## E-Safety

In each issue of the Newsletter we will focus on a different aspect of e-Safety to ensure all members of the school community are kept safe and informed.

Early use of digital technology has been shown to improve language skills and promote children's social development and creativity. But it is not without risks for young children, who may come across inappropriate content or begin to copy what older children do online. See the below advice to understand what you can do to give young children the best experience of going online.

### Checklist for supporting 11-13 year olds online

#### Have free and frank discussions



Encourage your child to talk to you about how they use the internet and show you what they do. Discuss with them the kinds of things they might come across. A good time to talk is when they get a new device or mention a new website.



#### Manage their devices

Encourage them to use their tech devices in a communal area such as the living room or kitchen and set up a user account for your child. If you think they aren't old enough to have a mobile phone or tablet, stay firm and explain the reasons why.



#### Put yourself in control

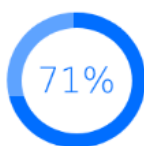
Activate parental controls on your home broadband, all devices including mobile phones and games consoles. Safe search settings can also be activated on Google (and other search engines), YouTube and on entertainment sites like iTunes and iPlayer.

#### Keep private information private

If your child does have a social networking profile, teach them to block or ignore people and how to set strict privacy settings. Request that you or someone you both trust becomes their 'friend' or 'follower' to check that conversations and posts are appropriate.



### Why it matters: Facts and Stats



#### Device Use

of children aged 12-15s who own a mobile are allowed to take it bed with them



#### Biggest Parental Concern

parents are concerned that children will actively engage in risky and dangerous behaviour such as contacting people they do not know.



#### Screen Time Management

of parents of 12-15s find it harder to control their child's screen time

