



THE GRANGE ACADEMY

Wade Deacon Trust



Issue 3 - Friday 16th October 2020

A Message from the Principal

Dear Parents and Carers,

I hope the last edition of our Newsletter for this half term finds you well. As you are aware, we find ourselves in an area classed as very high in terms of Covid-19 alert levels. I have added the link to the guidance below, as this serves as a useful summary of the current guidelines and rules we need to follow:

https://www.gov.uk/guidance/local-covid-alert-level-very-high?utm_source=13%20October%202020%20C19&utm_medium=Daily%20Email%20C19&utm_campaign=DfE%20C19

I know this half term has been incredibly tough for all members of our community. I am proud of how we continue to navigate this challenging period but there is still more to do. Prior to the lockdown, the school was exceptionally calm and purposeful and we are moving in the right direction to restore this culture and ethos. However, we cannot do this alone and we require parental support. I would ask that you ensure your child(ren) leave for school with full uniform, their equipment and their face coverings (if appropriate). I would also ask that you continue to support attendance to school as this is critical to not only the academic progress of children, but their social and emotional well-being. I strongly urge parents and carers to ensure children attend regularly, if they do not have symptoms of Covid-19 or are required to self-isolate, so we can continue to support their ongoing development.

If students are self-isolating then please continue to support their learning by ensuring they are accessing the work we are providing. Students that are required to self-isolate should continue to access their learning at home and all the information is on the school website. The website contains letters to support both Primary and Secondary parents and also our policy on what will be provided. It is imperative students engage in all the work set so they can continue with the curriculum when they return to school. <https://www.thegrangeacademy.co.uk/covid-19/>. I have been really pleased with the work students have completed whilst they have been self-isolating and we will continue to check the work they have completed when they return to school.

A final reminder that the application process for secondary places is also open. Can I remind you that students in Year 6 at The Grange will automatically transfer into Year 7 and we want all of our wonderful Year 6 students and families to join us in September 2021. The website contains all the information and videos to outline the admissions process.

Finally, please take a well-earned rest, if you can, over the half term. Please continue to follow all the government guidance to help reduce the transmission of Covid-19. It is critical we follow the local restrictions so we can start to bring down the transmission rates locally. Please keep yourself and your families safe. As always, our social media accounts and website will keep you updated.

Please note the school office will be closed over the half term break. Should you need to contact school with information regarding Covid-19 test results or any other important matters please e-mail info@thegrangeacademy.co.uk

Best wishes,

Mr Critchley

Attendance

ATTEND, ACHIEVE & ASPIRE!



A community that works together to create an exceptional learning journey for all.



Staff Profile

Reception Teacher – M Weston





Education
 Blacklow Brow Primary School
 Huyton Arts and Sports Centre for Learning – GCSEs
 Carmel College – A Levels
 Edge Hill University – BA Hons Early Years Education with QTS

Jobs
 Admin at a Drama School
 McDonalds
 Barmaid
 Teacher (At The Grange since September 2018)

Interests:
 Spending time with my family and friends.
 Going on holiday and seeing new places.
 Reading during half term when I have more time.

Proudest Moments
 Passing my driving test.
 Graduating as a teacher and getting my first teaching job.
 Buying my first home in December.





Career of the week

Carpenter



Entry requirements:

- Employers usually look for some on-site experience and qualifications. You could start as a joiner's 'mate' or labourer to get site experience. Once working, your employer may offer you training on the job.
- You could take a college course in carpentry and joinery to gain some of the knowledge and practical skills needed to improve your chances of finding work in the industry.
- You could get into this job through an apprenticeship.
- You'll need a Construction Skills Certification Scheme (CSCS) card to work on a building site.
- Go Construct has more information about building careers and training.

Skills required:

- to be able to follow technical drawings and plans
- maths skills to calculate quantities and angles
- the ability to pay close attention to detail and make accurate measurements

Salary:

Starter: £16,000 to £24,000
 Experienced: £25,000 to £40,000

Overtime and extra shift pay may increase your income. Self-employed carpenters and joiners set their own rates.

What you'll do:

- You'll work as an employee or a self-employed contractor for large and small construction companies. You may work on a construction site, a client's premises, or in your own workshop.
- Depending on where you work, your day-to-day tasks may include:
 - discussing plans and following instructions
 - cutting and shaping timber for floorboards, doors, skirting boards and window frames
 - making and fitting wooden structures like staircases, door frames, roof timbers and partition walls
 - making and assembling fitted and free-standing furniture
 - installing kitchens, cupboards and shelving
 - building temporary wooden supports to hold setting concrete in place (shuttering)
 - making and fitting interiors in shops, bars, restaurants, offices and public buildings
 - constructing stage sets for theatre, film and TV productions


Dyslexia Awareness Week

This week in assembly, Primary students have been learning about dyslexia and even tried their hand at a small writing activity to help further their understanding. Each student put a pen/pencil in their opposite hand and tried to write the following sentence, replacing the letters 'A', 'S' and 'E' with symbols:

Dyslexia is a learning difficulty that can make it hard to read, write and spell.

Why not give it a go yourself!

ACTIVITY



Dyslexia is a learning difficulty that can make it hard to read, write and spell.

A = @
S = £
E = €

Dyfl£xi@ is @ L@rning difficulty th@t c@n m@k@ it h@rd to r@d, writ@ and spell.

Picture News at Home

What's going on this week?



12th-18th October
Is it the responsibility of the young to protect the planet?

Sir David Attenborough has celebrated the efforts of young people who have "woken up the world to the threat of climate change." Sir David became the fastest person to have one million followers on Instagram recently after he joined the social media platform to reach out to younger people, many of whom support his message of protecting the natural world.

Things to talk about at home...

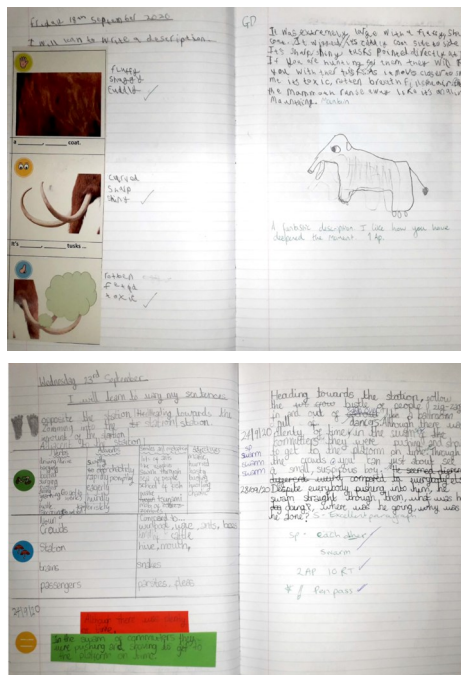
- Have you ever watched any of Sir David Attenborough's documentaries? If you have, what were they about? What did you learn? If you haven't, would you like to?
- Why do you think at 94-years-old, David Attenborough has decided to join Instagram? Do you think it is a good way for him to spread his message?
- Do you think it's important for young people to care about the environment and wildlife? Why?

Pupil Voice - The Write Stuff/Sentence Stacking

Q: What do you like about it so far?
A: Mr Relph gives us lots of pictures to help.

Q: How is it different to your old writing lessons?
A: Mr Relph does it bit by bit—it helps me catch up. He lets us get out the Writing Rainbow and shows us how to write the sentence. He does two models; one on the board and one on the white board.

Anayah-Rai



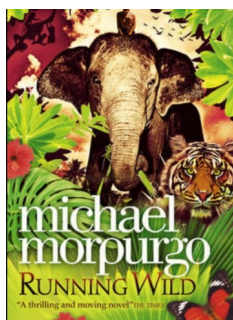
Q: What are you really proud of in Writing?
A: My writing about the book 'Farther' when he goes off to war.

Q: How do you know that your writing is effective?
A: I use brilliant adjectives like 'downheartedly' and 'strolled' instead of 'walked'.

Zak

Secondary Reading

Year 7-10 students have been involved in a new initiative during form time, where members of staff have volunteered to read books from a recommended reading list each week. Here are just some of the wonderful books we have been reading during form time. This just shows that reading can be accessible for all.



Year 7, 8 & 9 Drop Down Morning

On Thursday 8th October, students in Year 7-9 took part in an SMSC Drop Down Morning where they covered the following topics in their form groups:

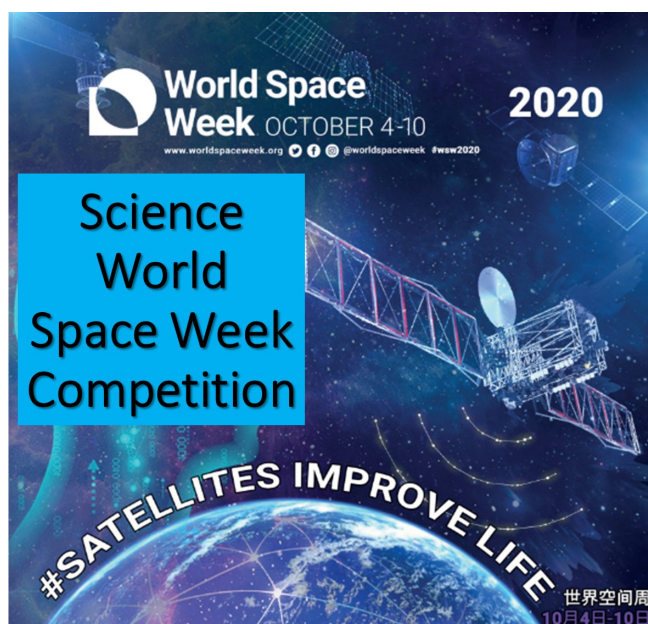
Year 7—Wellbeing and Self Esteem

Year 8—Living without harm (domestic violence)

Year 9—Body Image

To give you an idea of what was discussed, here is the session overview for Year 7:

Session 1: Your Vision for You	Session 2: E-Safety	Session 3: Self-Esteem
<p>Students reflect on what they want to achieve as they begin their secondary journey and what they will need to do to achieve their goals. Students think about how being prepared and planning ahead can help to improve wellbeing. Students recap and review our values and expectations as a school and why we have certain rules.</p>	<p>Students look at what is meant by E-Safety and how they can stay safe online. Students explore their digital footprint and the differences between positive and negative use of the internet and social media. Students discuss who their use of the internet can impact wellbeing and self-esteem positively or negatively.</p>	<p>Students look at what they like about themselves, both physically and within their personalities. Students explore the importance of difference, individuality and variety within society. Students develop an understanding of ways to improve self-image and self-esteem, by reflecting on the positives. Students develop an understanding of how they can impact other people's self-esteem, positively or negatively.</p>



World Space Week is upon us. To celebrate this we would like you to celebrate the theme 'Satellites Improve Life' by building a satellite – you can make it out of anything you have at home (cardboard, recycling, paper mache, lego, etc)

Satellites need to be brought into school by Monday 2nd November – they need to be handed into the prep room to be left in D301 for judging Friday 6th November. Make sure to label it with your name and class.



THE GRANGE ACADEMY

Wade Deacon Trust



Year 11 Prefect Team

Head Girl



Head Boy



Georgi: Hello, my name is Georgi and I am the Head Girl here at The Grange Academy. I am very proud to have this role and I'm very excited to be working alongside the Prefect team throughout this Academic year. My main aim this year is to ensure that the positive environment of The Grange remains unaffected during these tough times. It's clear we have a very challenging year ahead of us, however my goal is to be certain that we persevere as a school and get past any hardships we may face.



Bobby: Hi, I'm Bobby and I'm proud to be representing The Grange Academy as Head Boy during this Academic year. I am honoured to hold this title and to work alongside our brilliant Prefect team. My aim is to develop the student experience at The Grange this year and to find innovative, new ways of bringing the Academy community together during these tough, and unconventional times.

Year 11: Working Together Week

Online seminars and sessions to support Year 11 engagement & revision

MONDAY 2ND NOVEMBER	TUESDAY 3RD NOVEMBER	WEDNESDAY 4TH NOVEMBER	THURSDAY 5TH NOVEMBER	FRIDAY 6th NOVEMBER
Maths	English	Science	Foundation and Ebacc	Supporting Your Child/Revision Strategies
Learn the strategies and approaches will support you in achieving your target at GCSE Maths.	Revision Strategies, exam strategies and updates to the specification.	Revision Strategies, exam strategies and updates to the specification.	Revise key strategies and approaches for our Ebacc subjects. Be up-to-date with specification changes	Revision Strategies for all Subjects! How to best support your child during their GCSE
Mrs Bibby Mrs Clieve	Mr McLindon Mrs Boyd-Rugan	Ms. Harris Mr Mooney	Miss O'Loughlin, Mr Wilmott, Mr Hutton,	Mrs Thomson Miss Bate

Monday 2nd November—
Friday 6th November.

Please return your RSVPS to
your child's Progress Tutor

Progress Tutor calls with academic and pastoral updates.

Giving you the information that you need to know!

**Deadline:
23rd Oct**

Telephone: 01928 562660
Email: info@thegrangeacademy.co.uk
Website: www.thegrangeacademy.co.uk

@thegrangeacademy
@Grange_School
@grangeacademy



Hegarty Heroes

All homework in maths is now set weekly on hegartymaths.com. If you would like to know more please check the link on the school website.



Most learning hours - Year 7 - Hollie Higginson

Most learning hours - Year 8 - Kloe Lomax

Most learning hours - Year 9 - Alicia Naylor

Most learning hours - Year 10 - Gracie Carr

Most learning hours - Year 11 - Alyssa Probert

Most questions answered Year 7 - Hollie Higginson

Most questions answered Year 8 - Katie Higginson

Most questions answered Year 9 - Radu Bogoslov

Most questions answered Year 10 - Gracie Carr

Most questions answered Year 11 - Dylan Jolly

Most video hours Year 7 - Hollie Higginson

Most video hours Year 8 - Katie Higginson

Most video hours Year 9 - Cameron Ogburn

Most video hours Year 10 - Gracie Carr

Most video hours Year 11 - Bobby Lowrie



a **FACTOR** is

a number that will
divide into another number
with no remainder

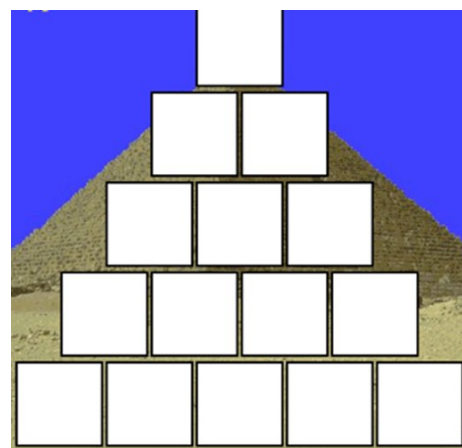
$$24 \div 6 = 4$$

$$24 \div 4 = 6$$

PYRAMID PUZZLE

Put the numbers 1 to 5 in the bottom row of this pyramid. They can be arranged in any order. The numbers in the other bricks are found by adding the two bricks immediately below together.

What arrangement of the numbers 1 to 5 in the bottom row gives 41 at the top of the pyramid?



WoW - Word of the Week

Word of the Week (WoW) is our weekly investigation into vocabulary. Each week we look at a high-frequency, useful word (which may be difficult to interpret) and explore the definition, sounds, spelling, word-families, grammar and history surrounding it.

(week beginning 19th October)

This week's word is

denominator (noun) -

the bottom number in a fraction which shows how many equal parts the item is divided into

(week beginning 26th October)

This week's word is

retrieve (verb) -

to recover or regain -find key pieces of information within the text

How you can help:

Encourage the use of the word in speaking and writing; model the use of the word when you talk.



Safeguarding, Emotional Wellbeing and Mental Health

World Mental Health Day #HelloYellow

As World Mental Health Day fell on a Saturday this year, we celebrated this in school on Friday 9th October. Staff and students wore yellow clothing and accessories on the day to raise awareness. Throughout the week, assemblies were conducted regarding the theme of mental health, with a focus on reducing the stigma around mental health and recognising that there are times when we all need support.

Our Primary phase students took part in the #HelloYellow Challenge where they were trying to completing the following four tasks: Say something kind to a teacher; Wave and smile at a friend; Do something kind for someone at home; Do something fun that you enjoy. The challenge tried to incorporate the idea of looking after students' own wellbeing, as well as supporting others.

Our Secondary phase students looked at key messages of reducing stigma, and recognised that we all have times when our mental health can be impacted, it is not about receiving a diagnosis. They engaged in a true or false quiz and considered the mental health spectrum and how we can all be impacted by mental health.

We also set a weekend challenge for our students, getting them to consider how poor wellbeing can impact on us physically, and that we should all look to 'lighten the load'. Please see the Youtube video https://youtu.be/uxhp_pbT60k. It isn't too late to watch this and attempt the challenge, so please do take a look at the video and the important message we would like to share.

If you would like any further support, we are here to help. Please contact us via:

safeguarding@thegrangeacademy.co.uk

Staff were also asked to focus on the theme of mental health, and to consider how we all try to support our own wellbeing.

Mental health is on a spectrum



How do staff at The Grange Academy support their own mental health?

I like to write down one positive thing that has happened each day and collect a book of positive thoughts. A good cup of tea is always helpful too.

Mrs Alexander-Bloomfield



I tend to exercise and clean up my diet. I find that looking after myself physically definitely helps mentally.

Mr Todd



I go to see my horse at the stables and find this so calming and relaxing. The affection Fleur gives takes any worries or cares away.

Miss McCann



I enjoy yoga. I feel it gives me a clear mind and has really positive mental health benefits.

Mrs Boyd-Rugen



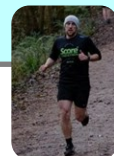
I use hypnotherapy relaxation trance recordings as I fall asleep every night. It helps me with bucket emptying daily and quality REM sleep.

Mrs Bazley



I find running is the best way to support my positive wellbeing. It gives me an opportunity to think anything through but also peace and quiet.

Mr Farrall



Safeguarding, Emotional Wellbeing and Mental Health

HALTON HEALTH IMPROVEMENT

Fit 4 Life Bite Size Sessions



START WELL

SLEEP AND SCREENS

**Did your children sleep well last night? Did it take them a while to get to sleep?
Did you all wake up happy and refreshed this morning?**

Join us for this bite-sized workshop on sleep to explore how the length and quality of our sleep can affect us and our children.

We will look at simple changes to routine that can promote good quality, restful sleep.

We will also look at how screens affect our children, and how this impacts on sleep quality.

DATES:

Thursday 12 th November 2020	1pm	Online via Skype for Business
Tuesday 8 th December 2020	6pm	Online via Skype for Business

To book your place, email HIT@halton.gov.uk

FUSSY EATING AND SNACKING

**Are meal times a battle? Are your children always hungry or asking for snacks?
Looking for healthy snack ideas?**

We know how hard it can be when children just want treat foods and refuse to eat proper meals. Meal times can be stressful for everyone when children are 'fussy eaters'.

We all want our children to grow up healthy, but it's easier said than done to get them to try healthy foods.

During this session we will look at alternatives to sugary snack favourites, as well as techniques to help your child try and accept new foods.

DATES:

Wednesday 18 th November	6pm	Online via Skype for Business
Wednesday 9 th December 2020	11am	Online via Skype for Business

To book your place, email HIT@halton.gov.uk

Mental Health and Emotional Wellbeing

Everyone has Mental Health and looking after your child's Mental Health has never been so important.

This workshop is based on the 5 ways to wellbeing and will give you tips and advice on how to support your child's mental health.

It will look at resources that promote positive mental health and easy techniques you can use to build resilience.

DATES:

Tuesday 17 th November	10am	Online via Skype for Business
Tuesday 1 st December	6pm	Online via Skype for Business

To book your place, email HIT@halton.gov.uk

These sessions are for parents/carers. You will need Skype for Business installed on your device.

For more information call the team on:

0300 029 0029

or visit www.haltonhealthimprovement.co.uk



@HaltonBC



Halton BC



Telephone: 01928 562660

Email: info@thegrangeacademy.co.uk

Website: www.thegrangeacademy.co.uk

@thegrangeacademy

@Grange_School

@grangeacademy



E-Safety

In each issue of the Newsletter we will focus on a different aspect of e-Safety to ensure all members of the school community are kept safe and informed.

Early use of digital technology has been shown to improve language skills and promote children's social development and creativity. But it is not without risks for young children, who may come across inappropriate content or begin to copy what older children do online. See the below advice to understand what you can do to give young children the best experience of going online.

Online safety tips for parents of primary school children 6-10 Year Olds

Checklist

- Put yourself in control**
Make use of the parental controls on your home broadband and any internet-enabled devices. You can find out how at your broadband provider's website or by visiting internetmatters.org.
- Search safely**
Use safe search engines such as swiggle.org.uk or kids-search.com. Safe search settings can also be activated on Google and other search engines as well as YouTube. You can find out more at google.co.uk/safetycentre.
- Agree boundaries**
Be clear what your child can and can't do online - where they can use the internet, how much time they can spend online, the sites they can visit and the type of information they can share. Agree with your child when they can have a mobile phone or tablet.

Over 65 % of parents are most concerned about their 6-10 viewing inappropriate content online*



- Explore together**
The best way to find out what your child is doing online is to ask them to tell you about it. Encourage them to use devices in communal areas so you can see what sites they're visiting and share with them.
- Check if it's suitable**
The age ratings that come with games, apps, films and social networks are a good guide to whether they're suitable for your child. The minimum age limit is 13 for several social networking sites, including Facebook and Instagram.

Know this stuff matters, but don't know where to turn?

Internet Matters is a free online resource for every parent in the UK. We'll show you the best ways to protect your children online - with information, advice and support on all the big e-safety issues.

internet matters.org

Learn about it:

- Teach your child some simple rules
- Make sure your child knows not to share personal information like their phone number or email address online
 - Only talk to real life friends or family if they are on sites with a social media element like Moshi Monsters or Club Penguin
 - Use privacy settings wherever they exist to keep their information private
 - Be a good online friend and don't say nasty things even if it's just a joke
 - Use secure and legal sites to download music and games
 - Check attachments and pop ups for viruses before they click or download anything
 - Use Public Friendly WiFi when they're out and about to filter inappropriate content
 - Help them to better understand the different online platforms they use and judge the quality and reliability of online resources

Talk about it:

- Tips for a meaningful conversation
- Start conversations when your children won't be embarrassed, for example in the car going home from school
 - Ask them for advice on how to do something online and use this as a conversation starter
 - Make sure they know they can come to you if they're upset by something they've seen online
 - Be sensitive and praise them when they share their online experiences with you
 - If your child comes to you with an issue, stay calm and listen without judging them
 - Talk about online grooming as you would stranger danger and explain that people they meet online might not be who they say they are
 - Ask them about things online which might make them uncomfortable



Stay safe at secondary school

Exposure to some of these issues increases when children move up to secondary school so make sure your child is prepared - find out more with our pre-teens age guide at internetmatters.org/ageguide10-13

Deal with it

You can find out where to get help and advice on the Report it page of internetmatters.org, where we include information on how to report problems - and which relevant organisations and agencies to turn to.

On this page, we also provide information on how to deal with any specific issues you may encounter with your child; such as finding inappropriate content and cyberbullying.

internet matters.org

SMSC

12th - 18th October

British Values - Mutual Respect

If I try to do what I can to protect our amazing planet, it will create a better world for everyone to live in.

UN Rights of a Child

We all have a responsibility to take care of our beautiful planet. If we do our best to recycle, save energy and only use what we need, we will create a cleaner, safer and environment for everyone to live in.

Thought of the Week



Never apologise for being sensitive or emotional. Let this be a sign that you've got a big heart and aren't afraid to let others see it. Showing your emotions is a sign of strength.

Deadline for Secondary 2021 Admissions

Don't be late!

The deadline to apply for your child's Secondary 2021 school place is Saturday 31st October 2020.

Apply online here:

<https://cyp.halton.gov.uk/Synergy/Live/SynergyWeb/Parents/default.aspx>