



Dear Parents and Carers,

Much has changed in the last two weeks, both locally and nationally, and as difficult as we may find this current situation it is important we appreciate the significant part education and routine play in the development of children.

Attendance at school is critical to not only the academic progress of children, but their social and emotional well-being. I strongly urge parents and carers to ensure children attend regularly, if they do not have symptoms of Covid-19 or are required to self-isolate, so we can continue to support their ongoing development. As you are aware, we have many measures in place to reduce the risk of transmission in school and we are continually responding to the guidance to ensure our community is protected.

Again, I would like to thank you and the vast majority of our students for understanding the importance of wearing face coverings in school. As a result of the national lockdown restrictions, we are asking all students and adults to wear a face covering in communal areas of the school; these include the corridors, dining hall (when not eating or drinking), outside at break and lunch (if not socially distanced) and on the plaza. Can I ask for your support to ensure you child(ren) arrives at school with an appropriate face covering.

Another reminder that the application process for secondary places is also open. Can I remind you that students in Year 6 at The Grange will automatically transfer into Year 7 and we want all of our wonderful Year 6 students and families to join us in September 2021. We also have set aside three Saturday mornings from 9.00am until 12 Noon on 3<sup>rd</sup>, 10<sup>th</sup> and 17<sup>th</sup> October for tours. Please use this link to book onto the tours. [https://forms.office.com/Pages/ResponsePage.aspx?id=kGSC6rbgAk2BMLvfMAKGDDXePGSeYmtAksnwy\\_zHLKBURE5DTktRVkhYT1c3R001S0k2SkFZUIBaRi4u](https://forms.office.com/Pages/ResponsePage.aspx?id=kGSC6rbgAk2BMLvfMAKGDDXePGSeYmtAksnwy_zHLKBURE5DTktRVkhYT1c3R001S0k2SkFZUIBaRi4u)

Students that are required to self-isolate should continue to access their learning at home and all the information is on the school website. This section of the website contains letters to support both primary and secondary parents and also our policy on what will be provided. It is imperative students engage in all the work set so they can continue with the curriculum when they return to school. <https://www.thegrangeacademy.co.uk/covid-19/>

Finally, I would like to ask for your continued support to ensure you follow all the government guidance to help reduce the transmission of Covid-19. It is critical we follow the local restrictions so we can start to bring down the transmission rates locally. Please keep yourself and your families safe.

Best wishes,

Mr Critchley

## Attendance

Attendance

Competition

**ATTENDANCE COMPETITION**

The highest attending class in Primary and the highest attending form group in Secondary each week will receive a celebration breakfast.

SCHOOL ATTENDANCE TARGET 97%

Aspire for Excellence  
ATTENDANCE MATTERS!

## Staff Profile



Science Teacher

T Farrall

### Education

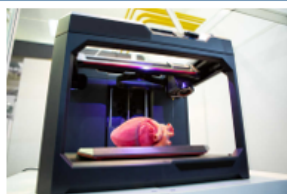
Robert Wilkinson Primary School  
 Huntington School York – GCSEs and A-Levels  
 University of Manchester – MChem – Masters in Chemistry  
 University of Manchester – PGCE Secondary Science

### Hobbies and Interests

I love running, I try to do Parkrun every Saturday and complete 10km or half marathon races fairly regularly.  
 I enjoy travelling the world and have visited several places in Southern Africa and South East Asia. I love spending time with my wife and young daughter.  
 I used to play lots of football, and was captain of my university halls of residence football team – Athletico Hulme, guiding them to the John Hadwin Shield Victory in 2006 but a torn ACL injury means I no longer play.

### Proudest Moment

Moving to Malaysia and living and working there for two years as this was a huge change for our family, which included the birth of my daughter. It allowed us to travel, experience new cultures and meet people from all around the world. I would recommend it to anybody.



## Career of the week



### Image Consultant

#### College:

You can complete a course that will give you the basic skills needed by professional image consultants. Courses include:

- Level 2 Certificate in Make-up
- Level 2 Diploma in Fashion Retail
- Level 2 Diploma in Beauty Therapy

#### You may need:

- 2 or more GCSEs at grades 9 to 3 (A\* to D) for a level 2 course

#### Direct Application:

You can apply directly for jobs if you've got experience or qualifications in areas like:

- business consultancy
- fashion, hair and beauty therapy
- public relations
- retail
- sales and marketing

#### You'll need:

- knowledge of teaching and the ability to design courses
- customer service skills
- the ability to work on your own
- leadership skills
- to be thorough and pay attention to detail
- the ability to come up with new ways of doing things
- patience and the ability to remain calm in stressful situations
- excellent verbal communication skills
- to be able to carry out basic tasks on a computer or hand-held device

Salary:  
 £14,000 Starter to £40,000 Experienced



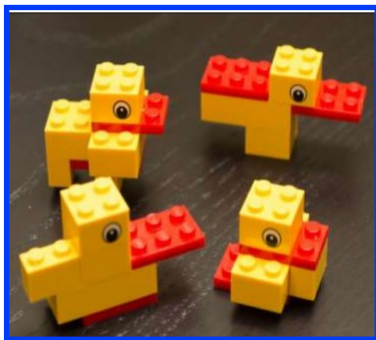
## What's going on this week?

It has been announced by Prime Minister, Boris Johnson, that Covid Marshals will be introduced in towns and city centres, in parts of the UK, to help ensure social distancing rules are followed. He believes that the public want to see 'stronger enforcement' of the rules. The government said marshals can either be volunteers or existing members of council staff from local governments.

Things to talk about at home...

Talk through some of the news rules you have encountered in school and in clubs or shops. Have there been any times where you didn't know what the rules were, or you found they had changed?

If you saw someone not following a new rule in school, would you tell them or tell an adult?



## £310 million to transform Lego bricks

After estimates suggest that Lego uses 90,000 tonnes of coloured plastic to manufacture its products each year, the Danish toymaker, has promised that its popular building bricks will no longer be made from oil-based plastic. Since 2015, a team of more than 150 engineers and scientists have made their bricks from a wide variety of different plant-based and recycled materials, in an attempt to 'go green'. Lego executive, Tim Brooks, said the company has been testing prototypes made from biopolyethylene, a type of plastic made from ethanol that is produced using sugarcane. But they have come across problems. The company are determined to find a solution by 2030.

## 120,000-year-old human footprint in Saudi Arabia

Mathew Stewart and his team at Max Planck Institute for Chemical Ecology have discovered seven sets of human footprints, alongside those of elephants, beside an ancient dried up lake in the region of Tabuk, on the Arabian Peninsula. They are believed to be those of two people. Mr Stewart said: "Footprints are a unique form of fossil evidence in that they provide snapshots in time, typically representing a few hours or days, a resolution we tend not to get from other records." The researchers do not think that the footprints belong to Neanderthal man, as they were not thought to be in the region at the time. Instead, because of the size and depth of the prints, researchers believe that they belong to modern humans. Mr Stewart said: "We know that humans were visiting this lake at the same time as elephants and other animals, and, unusually for the area, there were no stone tools." Experts have discovered that humans chose to navigate routes beside lakes and rivers when they left the continent of Africa.





## European Day of Languages

Students at The Grange Academy took part in activities on Friday 25<sup>th</sup> September to celebrate the European Day of Languages; a day that is celebrated every year to recognise linguistic and cultural diversity. Year 7 students had fun learning Chinese as well as making Chinese lanterns using different Pinyin characters. Year 8 students developed their knowledge of Japanese language and culture. Students and staff also spent the day meeting and greeting each other in different languages. Well done to Miss Grace who received the most votes for using her language skills throughout the day.

During the European Day of Languages assembly, students were given a challenge to learn one word a day, in any new language, for 7 days using the Duolingo app. So many students have risen to the challenge and have been impressing Miss Wing and I with their new language skills.

A big thank you and well done to everyone for taking part in the event.

Miss O'Loughlin



Year 11 - Science Intervention						
Year 11 Science Intervention is on a <b>Monday – Lesson 6</b>						
WB:	11S1 (MNY) C203	11S2 (FRL) C204	11S3 (LIG) C205	11S4 (CLR) C206	11SS1 (HRS) D301	
14 <sup>th</sup> Sept	<b>Cell Biology</b> • Comparing cells • Methods of transport • Perfect exchange surfaces	<b>Cell Biology</b> • Comparing cells	Cell Biology – Cell structure, cell transport, magnification and cell division	<b>Cell Biology</b> • Comparing cells • Methods of transport • Perfect exchange surfaces	• Cell Biology Exam Practice and knowledge organisers – comparing cells, movement between cells, cell division, stem cells.	<b>Biology</b>
21 <sup>st</sup> Sept	<b>Atomic Structure &amp; PT</b> • Methods of Separation • Atomic structure • The Periodic Table • Patterns in the PT	<b>Atomic Structure &amp; PT</b> • Atomic structure • The Periodic Table • Patterns in the PT	Atomic Structure – history of atom, modern V early Periodic table Ionic and covalent bonding	<b>Atomic Structure &amp; PT</b> • Methods of Separation • Atomic structure • The Periodic Table • Patterns in the PT	• Atomic Structure – history of atom, modern V early Periodic table • Energy Changes – reaction profiles, fuel cells	<b>Chemistry</b>
28 <sup>th</sup> Sept	<b>Energy</b> • Calculating GPE & KE • Specific Heat Capacity • Renewable & non-renewable energy	<b>Energy</b> • Calculating GPE & KE • Specific Heat Capacity • Renewable & non-renewable energy	Energy – energy stores and transfers, resources and efficiency	<b>Energy</b> • Calculating GPE & KE • Specific Heat Capacity • Renewable & non-renewable energy	• Organisation – transpiration v translocation, enzymes, communicable diseases	<b>Physics</b>
5 <sup>th</sup> Oct	<b>Organisation</b> • Lung structure & function • Circulatory System • Stents & Statins	<b>Organisation</b> • Lung structure & function • Circulatory System • Stents & Statins	Bioenergetics – respiration, photosynthesis and limiting factors	<b>Organisation</b> • Lung structure & function • Circulatory System • Stents & Statins	• Bonding – ionic, ionic v covalent, allotropes of carbon • Quantitative – Mr, conservation of mass, & yield.	
12 <sup>th</sup> Oct	<b>Structure &amp; Bonding</b> • Ionic & Covalent Bonding • Simple Molecules • Allotropes of Carbon • Alloys	<b>Structure &amp; Bonding</b> • Ionic & Covalent Bonding • Simple Molecules • Allotropes of Carbon • Alloys	Energy changes – exothermic and endothermic reactions plus energy level diagrams	<b>Structure &amp; Bonding</b> • Ionic & Covalent Bonding • Simple Molecules • Allotropes of Carbon • Alloys	• Infection and Response – immunity & monoclonal antibodies • Bioenergetics – photosynthesis, respiration, fermentation exam practice	
19 <sup>th</sup> Oct	<b>Electricity</b> • Series & Parallel Circuits • Resistance RQP • Calculations	<b>Electricity</b> • Series & Parallel Circuits • Resistance RQP • Calculations	Electricity – circuits, amps/volts/resistance calculations, power calculations	<b>Electricity</b> • Series & Parallel Circuits • Resistance RQP • Calculations	• Chemical Changes – acid reactions, making salts RQP, extraction techniques, redox reactions, electrolysis.	
<b>Trilogy topics to be covered in your mock exams</b>						
<b>Biology</b> <ul style="list-style-type: none"> <li>Cell Biology</li> <li>Organisation</li> <li>Infection &amp; response</li> <li>Bioenergetics</li> </ul>		<b>Chemistry</b> <ul style="list-style-type: none"> <li>Atomic structure and The Periodic Table</li> <li>Bonding, Structure &amp; the properties of matter</li> <li>Quantitative Chemistry</li> <li>Chemical Changes</li> <li>Energy Changes</li> </ul>		<b>Physics</b> <ul style="list-style-type: none"> <li>Energy</li> <li>Electricity</li> <li>Particle model of matter</li> <li>Atomic structure</li> </ul>		

## WoW - Word of the Week

Word of the Week (WoW) is our weekly investigation into vocabulary. Each week we look at a high-frequency, useful word (which may be difficult to interpret) and explore the definition, sounds, spelling, word-families, grammar and history surrounding it.

### (week beginning 5th October)

This week's word is **clause** (noun) - a group of words that contain a subject (the noun or pronoun about which something is being said, usually the doer of the action) and a verb (a doing word)

### (week beginning 12th October)

This week's word is **summarise** (verb) - shortening a piece of text and restating the important main points

**How you can help:** encourage the use of the word in speaking and writing; model the use of the word when you talk.



## Thought of the Week



**Make your life a masterpiece; imagine no limitations on what you can be, have or do.**

### Primary Photograph Reminder

Please can all photograph proofs and monies be returned to school by Friday 16th October 2020.

Thank you for your support.



## Hegarty Heroes

All homework in maths is now set weekly on [hegartymaths.com](http://hegartymaths.com). If you would like to know more please check the link on the school website.



Most learning hours - Year 7 - Sian Hughes

Most learning hours - Year 8 - Harley Evans

Most learning hours - Year 9 - Tyler Smith

Most learning hours - Year 10 - Gracie Carr

Most learning hours - Year 11 - Jennifer Tully

Most questions answered Year 7 - Hollie Higginson

Most questions answered Year 8 - Katie Higginson

Most questions answered Year 9 - Jamie Smith

Most questions answered Year 10 - Kaci Bazley

Most questions answered Year 11 - James Ogburn

Most video hours Year 7 - Wade Peacock

Most video hours Year 8 - Elisha Boden

Most video hours Year 9 - Cian Tummon

Most video hours Year 10 - Gracie Carr

Most video hours Year 11 - Jamie-Lea Wall



### SMSC

28th September - 4th October

#### British Values - Rule of Law

There are many new rules and laws that have been introduced to keep us safe during the Covid-19 pandemic. It's important to understand why these rules have been made and how they help us.

#### UN Rights of a Child

When adults make decisions and set rules, they should think about how these decisions will affect children. All adults should do what is best for children. Governments should make sure children are protected and looked after by their parents, or by other people when this is needed.



## Safeguarding, Emotional Wellbeing and Mental Health

We know at this time in particular due to Covid19, it can be difficult for children and young people. School link with Wellbeing Enterprise Service who can offer further support in many different areas either via:

-  **A wellbeing telephone helpline**  
Call us for a friendly chat
-  **Signposting support**  
We will review your wellbeing needs and connect you to support
-  **Social activities**  
We are running online courses and activities
-  **Self-help resources**  
We have access to a wide range of materials

1-2-1 appointments are:-

- 30-45 minute appointment with one of the Community Wellbeing Officers
- It's an informal and confidential conversation
- They help with the social side of health; anxiety, depression, loneliness, bereavement, low confidence, family issues, employment issues, sleep issues, stress.
- They aren't medical or mental health counsellors but we will give you information about local services that can meet the above needs.

They are a listening ear, and can signpost and refer individuals to various services and can provide self help resources.

Whilst temporarily unable to offer face to face consultations, they can arrange with the individual if they would prefer zoom appointments or telephone appointments until back in the GP practice/children's centres.

In addition to one to one support, they help children and young people in the community with our social prescribing courses. These courses aim to build confidence, relief stress and give them the tools to help gain a positive mindset in their everyday lives.

There are two telephone support lines in operation:

01928 576 493

01928 589 799

Telephone line are open 8.30am – 5.30pm Mon – Fri

You can book onto our course via the website, please see link to all courses: <https://www.wellbeingenterprises.org.uk/whats-on/>







# THE GRANGE ACADEMY

Wade Deacon Trust



## Safeguarding, Emotional Wellbeing and Mental Health



## Programme of Activities for 10-17s, Oct-Dec 2020

### Wellbeing Booster #1 - Food & Your Mood

Tuesday 27th October 4.30pm-5.30pm (1 week)

Learn how food and dietary habits can improve your mood. Discover how to incorporate these into a balanced diet for maximum benefit.

Join us online via Zoom -

Register on our webpage :

[www.wellbeingenterprises.org.uk/whats-on/](http://www.wellbeingenterprises.org.uk/whats-on/)

T: 01928 589 799

### Wellbeing Booster #2 - Mindfulness

Thursday 10th December 4.30pm-5.30pm (1 week)

Discover the power of mindfulness to boost your wellbeing. Reduce stress and reconnect with the world around you through your senses and breathing.

Join us online via Zoom -

Register on our webpage :

[www.wellbeingenterprises.org.uk/whats-on/](http://www.wellbeingenterprises.org.uk/whats-on/)

T: 01928 589 799

### Living Life To The Full (in partnership with Saint Peter and Paul's)

Date & Time; T.B.C.

Top tips on how to tackle everyday problems; improve your confidence and mood. Learn new skills on how to increase motivation and feel great again.

Saints Peter and Paul's High School,  
Highfield Road,  
Widnes,  
WA8 7DW

### Young Wellbeing Network

Every first Wednesday of the month

This group aims to provide ongoing support, training and opportunities for Young Wellbeing Champions. Get in touch if you are interested in getting involved.

Join us online via Zoom -

Register on our webpage :

[www.wellbeingenterprises.org.uk/whats-on/](http://www.wellbeingenterprises.org.uk/whats-on/)

T: 01928 589 799

### Future courses:

REGISTER YOUR INTEREST

- \* Sleep & Relax
- \* Stress Less
- \* Wellbeing Booster
- \* Mindfulness
- \* Living Life to the Full
- \* Emotional Awareness

Contact us to register your interest in any of these courses. We will be in touch to let you know when they are next happening.

T: 01928 589 799

#### To book:

Call: 01928 589799

Email: [info@wellbeingenterprises.org.uk](mailto:info@wellbeingenterprises.org.uk)

Online: [www.wellbeingenterprises.org.uk](http://www.wellbeingenterprises.org.uk)



Telephone: 01928 562660  
Email: [info@thegrangeacademy.co.uk](mailto:info@thegrangeacademy.co.uk)  
Website: [www.thegrangeacademy.co.uk](http://www.thegrangeacademy.co.uk)

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@Grange\_School  
@grangeacademy







# THE GRANGE ACADEMY

Wade Deacon Trust



## Safeguarding, Emotional Wellbeing and Mental Health



## Programme of Activities for 10-17s, Oct-Dec 2020

### Music Technology

Thursday 15th October 4.00pm-5.00pm (4 weeks)

Get in touch with your creative side and learn how to put music together. No experience required. Headphones are needed.

Join us online via Zoom -

Register on our webpage :  
[www.wellbeingenterprises.org.uk/whats-on/](http://www.wellbeingenterprises.org.uk/whats-on/)

T: 01928 589 799

### WEBINAR: Madam Zucchini

Saturday 31st October 11.00am-12.00pm (1 week)

Join us in getting creative with veg and come along to Madam Zucchini's vegetable variety show. A unique and educational performance suitable for the whole family!

Join us online via Zoom -

Register on our webpage :  
[www.wellbeingenterprises.org.uk/whats-on/](http://www.wellbeingenterprises.org.uk/whats-on/)

T: 01928 589 799

### Song Writing

Tuesday 3rd November 4.00pm-5.00pm (4 weeks)

Discover ways to express emotions and uplift your wellbeing through the power and joy of writing songs.

Join us online via Zoom -

Register on our webpage :  
[www.wellbeingenterprises.org.uk/whats-on/](http://www.wellbeingenterprises.org.uk/whats-on/)

T: 01928 589 799

### Drumming for Fun

Thursday 12th November 4.30pm-5.30pm (4 weeks)

Learn how to use household items as DIY drums and percussion instruments. Have fun learning how to create your own rhythms.

Join us online via Zoom -

Register on our webpage :  
[www.wellbeingenterprises.org.uk/whats-on/](http://www.wellbeingenterprises.org.uk/whats-on/)

T: 01928 589 799

### WEBINAR: Wildlife Careers Talk (In partnership with Knowsley Safari Park)

Tuesday 1st December 4.30pm-5.30pm (1 week)

Online careers talk with a difference! Especially for animal lovers, this online talk will help you discover some amazing paths for a future working with animals!

Join us online via Steamyard -

Register on our webpage :  
[www.wellbeingenterprises.org.uk/whats-on/](http://www.wellbeingenterprises.org.uk/whats-on/)

T: 01928 589 799

#### To book:

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Online: [www.wellbeingenterprises.org.uk](http://www.wellbeingenterprises.org.uk)



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