

PE Curriculum Map

Primary Phase – Early Years to Key Stage 2

Term	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
N1						
N2	FMS Safety, movement, space Sending/receiving Following routines and rules	FMS Agility/Balance/Coordination Following routines and rules	GMS Exploring ways of moving and using equipment Large climbing equipment.	GMS Dance/movement to music	Athletics (Sports Day prep)	Outdoor Games
R	FMS Movement Agility, Balance, Coordination, throwing, catching, jumping, kicking.	Dance Themed activities linked to the development of controlled movements and actions with changes in speed and direction	Gymnastics Travelling, jumping, balancing, rocking and rolling	Team building and problem solving	Athletics (Sports Day prep)	Outdoor Games
1	Multi Skills Running and Jumping Multi Games Ball Skills focus	Gymnastics Co-ordination and Balance, apparatus Multi Skills Ball Skills focus (continued)	Gymnastics Rocking, Rolling, Jumping, apparatus Games Throwing, Catching and aiming	Team games Dance Games	Athletics (Sports Day prep) Striking and fielding Skills for cricket	Net Games Skills for Tennis Striking and fielding Skills for rounders
2	Multi Skills Running and Jumping Multi Skills Ball Skills Focus	Gymnastics Rocking, Rolling, Jumping, apparatus Games Throwing and Catching	Gymnastics Bouncing, Jumping, landing, apparatus Invasion Games Handball	Team Games Dance seasons/weather/transport	Athletics (Sports Day prep) Striking and fielding Skills for cricket	Net Games Skills for Tennis Striking and fielding Skills for rounders
3	Baseline Testing Multi Skills Athletics Quadkids Invasion Games Tag Rugby	Gymnastics Planning, improving sequences and partner work Invasion Games Basketball	Dance (China) Improvising using stimulus, creating short sequences Invasion Games Futsal	Invasion Games Hockey/Handball Striking and Fielding Cricket	Athletics (sports day prep) Striking and Fielding Rounders	OAA (Linked to Geography, can follow a map) Net/wall Games Tennis
4	Baseline Testing Multi Skills	Gymnastics	Dance (Mediterranean	Swimming Striking and Fielding	Athletics (sports day prep)	OAA (Map reading)

	Athletics (Quadkids) Invasion Games Tag Rugby	(Partner work to create phrases) Invasion Games Basketball	Countries) Communicate ideas Improvising using stimulus, creating short sequences Invasion Games Futsal	Cricket	Striking and Fielding Rounders	Net/wall Games Tennis
5	Baseline Testing (Quadkids) Indoor Athletics Tag Rugby (Rules)	Dance (Links with Music and History /WW2 dance styles) Invasion Games Basketball	Gymnastics Combine action, balance and shape to perform to an audience) Tri Golf	Striking and fielding Kwik Cricket Invasion Games Handball	Athletics (sports day prep) Striking and Fielding Rounders	OAA (Map reading and compass work) Net/wall Games Tennis
6	Baseline Testing (Quadkids) Indoor Athletics Invasion Games Tag Rugby (World Cup)	Dance (Choreograph and develop own style) Invasion Games Basketball	Gymnastics Choreograph to link with others to specific timings) Tri Golf	Striking and fielding Kwik Cricket Invasion Games Handball Tactics and officiating	Athletics (sports day prep) Striking and Fielding Rounders (Tactics and officiating)	OAA (Route planning and safety) Net/wall Games Tennis

Secondary Phase – Year 7

		Year 7									
		7P1		7P2		7P3		7P4		7P5	
		Sport 1	Sport 2	Sport 1	Sport 2	Sport 1	Sport 2	Sport 1	Sport 2	Sport 1	Sport 2
Half Term	AUTUMN 1	Football	Badminton	Badminton	Netball	Invasion	Fitness	Football	Badminton	Badminton	Netball
	AUTUMN 2	Rugby	Basketball	Gymnastics	Dance	Table Tennis	Invasion	Rugby	Basketball	Gymnastics	Dance
	SPRING 1	Fitness	Table Tennis	Basketball	Fitness	Hitting/Striking	Dodgeball	Fitness	Table Tennis	Basketball	Fitness
	SPRING 2	Handball	Gymnastics	Table Tennis	Handball	Hitting/Striking	Dance/Yoga	Handball	Gymnastics	Table Tennis	Handball
	SUMMER 1	Tennis	Cricket	Cricket	Tennis	Athletics	Invasion	Tennis	Cricket	Cricket	Tennis
	SUMMER 2	Softball	Athletics	Athletics	Rounders	Hitting/Striking	Athletics	Softball	Athletics	Athletics	Rounders

Secondary Phase – Year 8

		Year 8							
		8P1		8P2		8P3		8P4	
		Sport 1	Sport 2	Sport 1	Sport 2	Sport 1	Sport 2	Sport 1	Sport 2
Half Term	AUTUMN 1	Football	Badminton	Badminton	Netball	Football	Badminton	Badminton	Netball
	AUTUMN 2	Rugby	Basketball	Gymnastics	Dance	Rugby	Basketball	Gymnastics	Dance
	SPRING 1	Fitness	Table Tennis	Basketball	Fitness	Fitness	Table Tennis	Basketball	Fitness
	SPRING 2	Handball	Gymnastics	Table Tennis	Handball	Handball	Gymnastics	Table Tennis	Handball
	SUMMER 1	Tennis	Cricket	Cricket	Tennis	Tennis	Cricket	Cricket	Tennis
	SUMMER 2	Softball	Athletics	Athletics	Rounders	Softball	Athletics	Athletics	Rounders

Secondary Phase – Year 9

		Year 9 OCR Sports Studies									
		9 CORE (Pe2)			9St1		9St2		9St3		
		Sport 1	Sport 2	Sport 3	Sport 1	Sport 2	Sport 1	Sport 2	Sport 1	Sport 2	Theory
Half Term	AUTUM N 1	Invasion	Hitting/Striking	Table Tennis	Football	Table Tennis	Netball	Badminton	Netball/Handball	Badminton	R052:Developing Sp-Skills
	AUTUM N 2	Fitness	Invasion	Hitting/Striking	Rugby		Table Tennis		Basketball		R052:Developing Sp-Skills
	SPRING 1	Invasion	Hitting/Striking	Fitness	Badminton		Fitness		Table Tennis		R052:Developing Sp-Skills
	SPRING 2	Fitness	Invasion	Hitting/Striking	Basketball	Fitness	Handball	Football	Football	Basketball	R053: Sports Leadership
	SUMMER R 1	Athletics	Hitting/Striking	Athletics	Cricket	Tennis	Tennis	Cricket	Rounders	Athletics	R053: Sports Leadership
	SUMMER R 2	Hitting/Striking	Athletics	Hitting/Striking	Athletics	Softball	Rounders	Athletics	Cricket	Softball	R053: Sports Leadership

Secondary Phase – Year 10

		Year 10							
		10 CORE (Pe1)		10 CORE (Pe2)		OCR Sports Studies (10St1)			
		Sport 1	Sport 2	Sport 1	Sport 2	Sport 1	Sport 2	Theory	
Half Term	AUTUMN 1	Football	Badminton	Badminton	Netball	Invasion	Hitting/Striking	R056: Outdoor Activities	
	AUTUMN 2	Rugby	Basketball	Gymnastics	Dance/Yoga	Table Tennis	Invasion	R056: Outdoor Activities	
	SPRING 1	Fitness	Table Tennis	Basketball	Fitness	Invasion	Hitting/Striking	R056: Outdoor Activities	
	SPRING 2	Handball	Gymnastics	Table Tennis	Handball	Fitness	Invasion	R051: Contemporary Issues	
	SUMMER 1	Tennis	Cricket	Cricket	Tennis	Athletics	Hitting/Striking	R051: Contemporary Issues	

	SUMMER 2	Softball	Athletics	Athletics	Rounders	Athletics	Hitting/Striking	R051: Contemporary Issues
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Secondary Phase – Year 11

Year 11	Theory
<p>Year 11 will be following a Recreational approach to Practical PE During Practical lessons students can select to participate in these Sports:</p>	R051: Contemporary Issues
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<p>Netball Football Table Tennis Badminton Basketball</p>	